

**Teresa Josephine Haase, PhD, LPC, ACS**  
**teresa.haase@naropa.edu**

**Education**

PhD, Counseling, August 31, 2008, The George Washington University, Washington, DC

PhD student, Counselor Education and Supervision, fall 2002, University of New Mexico, Albuquerque, New Mexico

MA and EdS, Counseling Psychology, 2002, James Madison University, Harrisonburg, VA

BA, English, 1995, James Madison University, Harrisonburg, VA, with minors in German and Secondary Education

**Areas of  
Specialization**

Human development; Supervision; Grief and loss; Cohort formation; Integrating the Expressive Arts in teaching and practice; Curriculum development; Career counseling

**Teaching Experience**

*Naropa University  
Boulder, CO  
Core Associate Professor  
Mindfulness-Based Transpersonal  
Counseling Program  
July 2024 – present*

*Foundations and Orientation of Clinical Mental Health Counseling  
Counseling and Helping Relationships I  
Jungian Dream Work  
Grief Counseling*

*Naropa University  
Boulder, CO  
Adjunct Faculty, spring 2021*

*Practicum Supervision, Mindfulness-based Transpersonal Counseling*

*Eastern Mennonite University  
Harrisonburg, VA  
Associate Professor  
MA in Counseling  
August 2009 – December 2019*

*Graduate Courses:*  
Advanced Human Development  
Advanced Skill Development  
Assessment and Measurement  
Career Counseling  
Counseling Children and Adolescents  
Expressive Arts Therapies  
Independent Study  
Internship  
Practicum  
Professional Identity, Function and Ethics  
Psychopathology  
Research

*Undergraduate Courses:*  
Introduction to Counseling  
Transitions

*James Madison University  
Harrisonburg, VA  
Instructor,  
Counseling Psychology  
August 2005 – May 2009*

*Graduate Courses:*  
Advanced Counseling Skills/Remediation  
Advanced Developmental Psychology  
Advanced School Counseling  
Diagnosis and Intervention

Independent Study  
Introduction to Community Counseling  
Multicultural Perspectives in Intervention  
Practicum  
Tests and Measurement for School Counselors

*The George Washington University*  
*Washington, DC*  
*Adjunct Faculty, spring 2005 & 2007*  
*Exercise Science Department*

Basic Counseling Skills

*The George Washington University*  
*Washington, DC*  
*Teaching Assistant, spring 2003*

Practicum

*Broadway High School*  
*Rockingham County Public Schools*  
*August 1995 - June 1999*

9th and 10th grade Reading and English

### **Clinical Experience, Licensure & Certification**

August 2022 – present      *School Counselor*, Albemarle High School, Albemarle County Schools, Charlottesville, Virginia

- Focus support for English Learners
- Provide college counseling, social & emotional support, course guidance, and crisis intervention to caseload of 250+ students
- Collaborate with administration, teachers, and families
- Partner with community mental health service providers

August 2022 – 2025      Provisional License, K-12 School Counselor, Virginia Department of Education

January 2020 - present      Grief and Healing Services, Hospice of the Piedmont, Charlottesville, VA  
January 2020 - present      *Clinical Supervisor*

- Provide clinical supervision to residents in counseling
- Facilitate support groups as needed

January 2020 – August 2022      *Director*, Bereavement and Supportive Care Services

- Supervised staff art therapists, bereavement coordinator, bereavement counselors, practicum and internship students
- Supervised volunteer department, End of Life Doula program, Veterans Initiatives
- Provided individual and group grief support and counseling for hospice and community bereaved
- Provided grief support for staff
- Served as bereavement representative on interdisciplinary teams
- Coordinated with community agencies to provide grief education, intervention and support

September 2019 – Dec 2019      *PRN Staff Psychotherapist*, Counseling and Psychological Services, University of Virginia, Charlottesville, Virginia

March 2013 – present                      Approved Clinical Supervisor #ACSO11403

February 2010 – December 2018      Private Practice

January 2010 – present                      Licensed Professional Counselor (VA) #0701004753

### **Administrative Experience**

*Jan 2020 – Aug 2022*      Director, Bereavement and Supportive Care Services, Hospice of the Piedmont, Charlottesville, VA

*August 2009 – Dec 2019*      Master of Arts in Counseling program, Eastern Mennonite University, Harrisonburg, VA

*August 2019 – Dec 2019*      Professional Practice Coordinator

*August 2018 – May 2019*      Faculty & Professional Development Coordinator

*June 2012 – August 2018*      Program Director

*August 2010 – June 2012*      Professional Practice Coordinator

*August 2009 – Aug 2018*      Council for Accreditation of Counseling and Related Educational Programs Liaison

### **Grants**

Haase, T. & Horst, M., w/ Bean, L., & Parsons, A. (2017). *Health Resources and Services Administration, Behavioral Health Workforce and Education Training Grant*, Received September 2017.

- Awarded \$1,280,870 distributed over four years
- Served as Grant Director, September 2017 – August 2018
- Established the Enhancing Counseling in Rural and Underserved Areas (ECURA) project

### **Research Experience**

*Program Fellow, Center on Violence and Community*, Virginia Foundation for the Humanities, Charlottesville, VA, May 2008 – August 2008

*Research Assistant, Central Shenandoah Valley Youth Suicide Prevention Initiative*, James Madison University, Harrisonburg, VA, September 2007 – February 2008

- Aided in grant writing for a SAMSHA grant to study JMU student population regarding depression and suicide
- Researched mind/body wellness publications and programs to develop a curriculum focused on educating students about depression & suicide and targeting the stigma of depression

### **Dissertation**

Haase, T. (August, 2008) *Young widowhood: Reconstructing identity*. Committee Members:

Dr. Chris Erickson (Chair), George Washington University; Dr. Nancy Johnston (Qualitative Expert), York University; Dr. Monica Megivern (Member), George Washington University. Readers: Dr. Roberta Culbertson, Anthropologist, UVA; Dr. Bill Evans, Psychology, James Madison University.

### **Peer Reviewed Publications**

Brubaker, D. (author) and (contributors) Brubaker, E., Yoder, C., and Haase, T. (2019). *When the center does not hold: Leading in an age of polarization*. Minneapolis, MN: Fortress Press.

Haase, T. (July, 2019). Widowhood. *Macmillan Encyclopedia of Intimate and Family Relationships: An Interdisciplinary Approach*. Macmillan Reference USA/Gale, a Cengage Company.

Haase, T. (December, 2016). The use of metaphors to enhance communication, relationship, and confidence: Interventions in the supervision of master's level counseling students. *Metaphors and Therapy*, Volume 1.

Haase, T. (2012). Making meaning out of loss: A story and study of young widowhood. *Journal of Creativity in Mental Health*, 7(3), 204-221.

Haase, T. (2011). The counselor within collage. In Neukrug, E. (2011). *Experiencing the World of the Counselor: A Workbook for Educators and Supervisors*. Brooks/Cole.

Hiney, T. (2002). Using line poetry as a therapeutic technique in sexual assault survivor support groups. *Journal of Poetry Therapy*, 15 (2), 93-98.

### **Presentations and Workshops**

Invited speaker, (June 19, 2023). *Navigating and Healing through the River of Loss*. NAMI of Charlottesville meeting.

Guest Lecture, (April 19, 2022). *Grief*. Presented in the *Personal Adjustment and the Pursuit of Happiness* course, University of Virginia.

Guest Lecture, (December 7, 2021). *Grief*. Presented in the *Personal Adjustment and the Pursuit of Happiness* course, University of Virginia.

Co-Coordinated, (May 28 & 29, 2021), *Love in Action: Grief, Loss, and Advocacy in BIPOC Communities*, in collaboration with Operation Social Equality and The Arrow Project

Haase, T. & Hammond, C. (September, 2017; February 2018). *Clinical Supervision Training*, 20-hour training sponsored by the Virginia Counselors Association

Early, A., Hammond, C., & Haase, T. (2017) *Lessons from Wisdom Teachers: First Person Accounts of Healing and Transformation*. Presented at the annual meeting of the Virginia Counselors Association, The Homestead Resort, Hot Springs, VA.

Haase, T. (2017). *Honoring our Traveling Companions*. Eastern Mennonite University.

Haase, T., Early, A., & Koser, K. (2016). *It's About Attachment*. Presented at the annual meeting of the Virginia Counselors Association, Williamsburg Lodge, Williamsburg, VA.

Haase, T. (2016). *Renewing the Creative Spirit*. Presented at the annual meeting of the Virginia Counselors Association, Williamsburg Lodge, Williamsburg, VA.

Haase, T., Hammond, C., & Staton, R. (2016). *Influential Women who have Shaped our Profession*. Presented at the bi-annual meeting of the Southern Association for Counselor Education and Supervision, New Orleans, LA.

Haase, T. & Hammond, C. (2016). *Clinical Supervision: Theory, Practice and Logistics*, 20-hour training for LPC supervisors in training.

Haase, T. (2016). *Navigating the River of Loss*. Learning Institute Session. Presented at the annual meeting of the American Counselor Association, Montreal, CA.

- Hammond, C. & Haase, T. (2015). *The Use of Contemplative Group Supervision with Practicum Students: Deepening Cultural Competence*. Presented at the bi-annual meeting of the Association for Counselor Education and Supervision, Philadelphia, PA
- Haase, T. (2015). An Adaptation of Kagans' (1980) *Interpersonal Process Approach to Supervision and Integrating the Creative Arts in Supervision*. Two invited sessions presented at the annual meeting of the Virginia Counselors Association, The Homestead Resort, Hot Springs, VA.
- Haase, T. (2015). *Grieving in the Closet and Other Ways We Silence Our Grief*. Presented at Gathering: Working with Loss and Grief Workshop, Eastern Mennonite University.
- Haase, T. (2014). *When Loss Comes Suddenly*. Presented at the annual meeting of the Virginia Counselors Association, Williamsburg Lodge, Williamsburg, VA.
- Haase, T. (2014). *Working with Mandalas*. Presented at the annual meeting Virginia Counselors Association, Williamsburg Lodge, Williamsburg, VA.
- Hammond, C. & Haase, T. (2014). *An Experiential Classroom Treasure Box for Counselor Educators*. Presented at the bi-annual meeting of the Southern Association for Counselor Education & Supervision, Birmingham, AL.
- Haase, T. (2014). *Restoring the Creative Spirit through Poetry*. Presented at the annual meeting of the Association for Humanistic Counseling, Albuquerque, NM.
- Haase, C. & Haase, T. (2013). *Resilience as a Key Factor to Working with Traumatized Youth*. Presented at the annual meeting of the Virginia Counselors Association, The Homestead, Hot Springs, VA.
- Haase, T, Koser, N., Hammond, C., & Early, A. (2013). *Through Different Lenses: Drawing from Psychoanalysis, Attachment Theory, Multicultural Perspective, and Person-Centered Theory to Work Through a Single Case*. Presented at the annual meeting of the Virginia Counselors Association, The Homestead, Hot Springs, VA.
- Haase, T. (2013). *When Loss Comes Suddenly*. Presented at Gathering: Working with Loss and Grief Workshop, Eastern Mennonite University.
- Haase, T. (2012). *Metaphors and Supervision*. Presented on Supervision Saturday at the annual meeting of the Virginia Counselors Association, Fredericksburg, VA.
- Glanzer, P.D. & Haase, T. (2012). *Restoring the creative spirit: The use of poetry in counseling and self-care*. Presented at the annual meeting of the Virginia Counselors Association, Fredericksburg, VA.
- Haase, T. (2012). *In Like a Lion*. Presented at the EMU Continuing Education Series.
- Haase, T. & Early, A. (2011). *The Power of Presence*. Presented at the annual meeting of the Virginia Counselors Association, Chesapeake, VA.
- Haase, T. & Glanzer, P.D. (2011). *Restoring the Creative Spirit*. Presented at the bi-annual meeting of the Association for Counselor Education and Supervision, Nashville, TN.
- Koser, N. & Haase, T. (2011). *Ethics from the Inside Out*. Presented at the EMU Continuing Education Series, Harrisonburg, VA.

## **Awards**

*Counselor Educator of the Year*, Central Valley Counselors Association, 2015-2016  
*Chapter Member of the Year*, Central Valley Counselors Association, 2014-2015  
*Counselor Educator of the Year*, Central Valley Counselors Association, 2013-2014  
*Counseling Psychology Faculty of the Year Award*, James Madison University, 2006 – 2007  
*Outstanding Graduate Student Service Award*, James Madison University, 2001– 2002  
*Helen Moore Award for the Pursuit of Counseling Excellence*, James Madison University, 2000 – 2001

## **Professional Conferences Attended**

*The Road to Santiago*, Three Sunday Sessions with David Whyte, July 2024  
Grief Summit, PESI, April 25 & 26, 2024  
Making Connections, Albemarle County Schools, Charlottesville, VA, November 7, 2022  
Working with Racial & Intergenerational Trauma: Ethical Clinical Treatment & Supervision, October 1 & 2, 2021  
Virginia Counselors Association, November 2019  
Virginia Counselors Association, November 2017  
*Heart of the Wounded Healer* 40-hour Training Intensive with Dr. Clarissa Pinkola Estés, Loveland, CO, June 2017  
Virginia Counselors Association, November 2016  
Southern Association for Counselor Education and Supervision, October, 2016  
*Heart of the Wounded Healer* 40-hour Training Intensive with Dr. Clarissa Pinkola Estés, Loveland, CO, June 2016  
*Reactive Attachment Disorders and Disturbances of Attachment: History, Treatment and Ethics*, with Dr. Bob Marvin, Eastern Mennonite University, April 2016  
*Emotional Intelligence & Focus*, with Dr. Daniel Goleman, Eastern Mennonite University, April 2016  
American Counseling Association, March 2016  
Virginia Counselors Association, November 2015  
Association of Counselor Education & Supervision, October 2015  
Technology and Social Media Ethics Training, Eastern Mennonite University, April 10, 2015  
The Heart of Healing, Featherstone Institute, January 2015  
Virginia Counselors Association, November 2014  
Southern Association for Counselor Education and Supervision, October, 2014 Association for Humanistic Counseling, June, 2014  
Ethics Training on new ACA codes, Eastern Mennonite University, April 25, 2014  
*The Foundation of Conversational Leadership* with David Whyte, Eastern Mennonite University, February 22, 2014  
*Solace: The art of asking the beautiful question* with David Whyte, Eastern Mennonite University, February 22, 2014  
Virginia Counselors Association, November, 2013  
American Counseling Association, March 2013  
Virginia Counselors Association, November 2012  
Expressive Arts Summit, November 2011  
Virginia Counselors Association, November 2011  
Association for Counselor Education and Supervision, October 2011  
National Association of Poetry Therapy, October 2010

## **Community and Professional Service**

Election official, Albemarle County, November 2020 – present  
School Counseling Consultant for Page County Middle School, December, 2018 – February, 2019  
Invited Speaker, *Creating safety in the classroom*, Teacher In-Service, Cub Run Elementary, December 8, 2017  
Invited Speaker, *Creating safety in the classroom*, Teacher In-Service, McGaheysville Elementary, August 18, 2017  
VCA Convention Liaison, Central Valley Counselors Association, July 2017 – December 2017  
Invited Speaker, RCPS Elementary School Counselors In-Service, March 2017  
Parent volunteer, Keister Elementary School, September 2016 – June 2017  
Co-Leader, Clinical Counselors Group, Central Valley Counselors Association, August 2014-August 2016

Parent volunteer, Eastern Mennonite Elementary School, 2013 – 2016  
Co-President, Central Valley Counselors Association, 2014-2015  
Proposal reviewer, SAGE publishing, May 2015  
Proposal reviewer, Association for Counselor Education and Supervision, February 2015  
Proposal reviewer for the Virginia Association of Counselor Education and Supervision Conference submissions  
Graduate Student Research Grant reviewer, Virginia Association of Counselor Education and Supervision  
April 2013 & 2014

### **Eastern Mennonite University Service**

MLK Service & Learning Day Committee, 2018 – 2019  
Athletic Department Conversations on Multicultural Sensitivity, fall 2018  
Seminary Circle Process, spring 2018  
Counseling Center Director Search Committee, summer 2017  
Graduate Council, August 2012 – May 2018  
Faculty Senate, August 2013- May 2015  
Quality of Life sub-committee, August 2013- May 2015  
Graduate Curriculum Committee, August 2012 – May 2015  
Graduate Dean & CJP Executive Director Search Committee, September 2012- January 2013  
Library Task Force, August 2011- May 2012