

Teresa Josephine Haase, PhD, LPC, ACS

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Education

PhD, Counseling, August 31, 2008, The George Washington University, Washington, DC

PhD student, Counselor Education and Supervision, fall 2002, University of New Mexico, Albuquerque, New Mexico

MA and EdS, Counseling Psychology, 2002, James Madison University, Harrisonburg, VA

BA, English, 1995, James Madison University, Harrisonburg, VA, with minors in German and Secondary Education

Areas of Specialization

Human development; Supervision; Grief and loss; Cohort formation; Integrating the Expressive Arts in teaching and practice; Curriculum development; Career counseling

Clinical Experience, Licensure & Certification

August 2022 – present

School Counselor, Albemarle High School, Albemarle County Schools, Charlottesville, Virginia

- Focus support for English Learners
- Provide college counseling, social & emotional support, course guidance, and crisis intervention to caseload of 250+ students
- Collaborate with administration, teachers, and families
- Partner with community mental health service providers

August 2022 – 2025

Provisional License, K-12 School Counselor, Virginia Department of Education

January 2020 - present

Grief and Healing Services, Hospice of the Piedmont, Charlottesville, VA

January 2020 - present

Clinical Supervisor

- Provide clinical supervision to residents in counseling
- Facilitate support groups as needed

January 2020 – August 2022

Director, Bereavement and Supportive Care Services

- Supervised staff art therapists, bereavement coordinator, bereavement counselors, practicum and internship students
- Supervised volunteer department, End of Life Doula program, Veterans Initiatives
- Provided individual and group grief support and counseling for hospice and community bereaved
- Provided grief support for staff
- Served as bereavement representative on interdisciplinary teams
- Coordinated with community agencies to provide grief education, intervention and support

September 2019 – Dec 2019

PRN Staff Psychotherapist, Counseling and Psychological Services, University of Virginia, Charlottesville, Virginia

March 2013 – present

Approved Clinical Supervisor #ACSo11403

February 2010 – December 2018 Private Practice

January 2010 – present Licensed Professional Counselor (VA) #0701004753

Administrative Experience

Jan 2020 – Aug 2022 Director, Bereavement and Supportive Care Services, Hospice of the Piedmont, Charlottesville, VA

August 2009 – Dec 2019 Master of Arts in Counseling program, Eastern Mennonite University, Harrisonburg, VA

August 2019 – Dec 2019 Professional Practice Coordinator

August 2018 – May 2019 Faculty & Professional Development Coordinator

June 2012 – August 2018 Program Director

August 2010 – June 2012 Professional Practice Coordinator

August 2009 – Aug 2018 Council for Accreditation of Counseling and Related Educational Programs Liaison

Teaching Experience

Naropa University

Boulder, CO

Core Associate Professor

Mindfulness-Based Transpersonal

Counseling Program

July 2024 – present

Foundations and Orientation of Clinical Mental Health Counseling

Counseling and Helping Relationships I

Jungian Dream Work

Grief Counseling

Naropa University

Boulder, CO

Adjunct Faculty, spring 2021

Practicum Supervision, Mindfulness-based Transpersonal Counseling

Eastern Mennonite University

Harrisonburg, VA

Associate Professor

MA in Counseling

August 2009 – December 2019

Graduate Courses:

Advanced Human Development

Advanced Skill Development

Assessment and Measurement

Career Counseling

Counseling Children and Adolescents

Expressive Arts Therapies

Independent Study

Internship

Practicum

Professional Identity, Function and Ethics

Psychopathology

Research

Undergraduate Courses:

Introduction to Counseling

Transitions

James Madison University

Harrisonburg, VA

Instructor,

Counseling Psychology

August 2005 – May 2009

Graduate Courses:

Advanced Counseling Skills/Remediation

Advanced Developmental Psychology

Advanced School Counseling

Diagnosis and Intervention

Independent Study

Introduction to Community Counseling
Multicultural Perspectives in Intervention
Practicum
Tests and Measurement for School Counselors

The George Washington University
Washington, DC
Adjunct Faculty, spring 2005 & 2007
Exercise Science Department

Basic Counseling Skills

The George Washington University
Washington, DC
Teaching Assistant, spring 2003

Practicum

Broadway High School
Rockingham County Public Schools
August 1995 - June 1999

9th and 10th grade Reading and English

Grants

Haase, T. & Horst, M., w/ Bean, L., & Parsons, A. (2017). *Health Resources and Services Administration, Behavioral Health Workforce and Education Training Grant*, Received September 2017.

- Awarded \$1,280,870 distributed over four years
- Served as Grant Director, September 2017 – August 2018
- Established the Enhancing Counseling in Rural and Underserved Areas (ECURA) project

Research Experience

Program Fellow, Center on Violence and Community, Virginia Foundation for the Humanities, Charlottesville, VA,
May 2008 – August 2008

Research Assistant, Central Shenandoah Valley Youth Suicide Prevention Initiative, James Madison University,
Harrisonburg, VA, September 2007 – February 2008

- Aided in grant writing for a SAMSHA grant to study JMU student population regarding depression and suicide
- Researched mind/body wellness publications and programs to develop a curriculum focused on educating students about depression & suicide and targeting the stigma of depression

Dissertation

Haase, T. (August, 2008) *Young widowhood: Reconstructing identity*. Committee Members:

Dr. Chris Erickson (Chair), George Washington University; Dr. Nancy Johnston (Qualitative Expert), York University; Dr. Monica Megivern (Member), George Washington University. Readers: Dr. Roberta Culbertson, Anthropologist, UVA; Dr. Bill Evans, Psychology, James Madison University.

Peer Reviewed Publications

Brubaker, D. (author) and (contributors) Brubaker, E., Yoder, C., and Haase, T. (2019). *When the center does not hold: Leading in an age of polarization*. Minneapolis, MN: Fortress Press.

Haase, T. (July, 2019). Widowhood. *Macmillan Encyclopedia of Intimate and Family Relationships: An Interdisciplinary Approach*. Macmillan Reference USA/Gale, a Cengage Company.

Haase, T. (December, 2016). The use of metaphors to enhance communication, relationship, and confidence: Interventions in the supervision of master's level counseling students. *Metaphors and Therapy*, Volume 1.

Haase, T. (2012). Making meaning out of loss: A story and study of young widowhood. *Journal of Creativity in Mental Health*, 7(3), 204-221.

Haase, T. (2011). The counselor within collage. In Neukrug, E. (2011). *Experiencing the World of the Counselor: A Workbook for Educators and Supervisors*. Brooks/Cole.

Hiney, T. (2002). Using line poetry as a therapeutic technique in sexual assault survivor support groups. *Journal of Poetry Therapy*, 15 (2), 93-98.

Presentations and Workshops

Invited speaker, (June 19, 2023). *Navigating and Healing through the River of Loss*. NAMI of Charlottesville meeting.

Guest Lecture, (April 19, 2022). *Grief*. Presented in the *Personal Adjustment and the Pursuit of Happiness* course, University of Virginia.

Guest Lecture, (December 7, 2021). *Grief*. Presented in the *Personal Adjustment and the Pursuit of Happiness* course, University of Virginia.

Co-Coordinated, (May 28 & 29, 2021), *Love in Action: Grief, Loss, and Advocacy in BIPOC Communities*, in collaboration with Operation Social Equality and The Arrow Project

Haase, T. & Hammond, C. (September, 2017; February 2018). *Clinical Supervision Training*, 20-hour training sponsored by the Virginia Counselors Association

Early, A., Hammond, C., & Haase, T. (2017) *Lessons from Wisdom Teachers: First Person Accounts of Healing and Transformation*. Presented at the annual meeting of the Virginia Counselors Association, The Homestead Resort, Hot Springs, VA.

Haase, T. (2017). *Honoring our Traveling Companions*. Eastern Mennonite University.

Haase, T., Early, A., & Koser, K. (2016). *It's About Attachment*. Presented at the annual meeting of the Virginia Counselors Association, Williamsburg Lodge, Williamsburg, VA.

Haase, T. (2016). *Renewing the Creative Spirit*. Presented at the annual meeting of the Virginia Counselors Association, Williamsburg Lodge, Williamsburg, VA.

Haase, T., Hammond, C., & Staton, R. (2016). *Influential Women who have Shaped our Profession*. Presented at the bi-annual meeting of the Southern Association for Counselor Education and Supervision, New Orleans, LA.

Haase, T. & Hammond, C. (2016). *Clinical Supervision: Theory, Practice and Logistics*, 20-hour training for LPC supervisors in training.

Haase, T. (2016). *Navigating the River of Loss*. Learning Institute Session. Presented at the annual meeting of the American Counselor Association, Montreal, CA.

- Hammond, C. & Haase, T. (2015). *The Use of Contemplative Group Supervision with Practicum Students: Deepening Cultural Competence*. Presented at the bi-annual meeting of the Association for Counselor Education and Supervision, Philadelphia, PA
- Haase, T. (2015). An Adaptation of Kagans' (1980) *Interpersonal Process Approach to Supervision and Integrating the Creative Arts in Supervision*. Two invited sessions presented at the annual meeting of the Virginia Counselors Association, The Homestead Resort, Hot Springs, VA.
- Haase, T. (2015). *Grieving in the Closet and Other Ways We Silence Our Grief*. Presented at Gathering: Working with Loss and Grief Workshop, Eastern Mennonite University.
- Haase, T. (2014). *When Loss Comes Suddenly*. Presented at the annual meeting of the Virginia Counselors Association, Williamsburg Lodge, Williamsburg, VA.
- Haase, T. (2014). *Working with Mandalas*. Presented at the annual meeting Virginia Counselors Association, Williamsburg Lodge, Williamsburg, VA.
- Hammond, C. & Haase, T. (2014). *An Experiential Classroom Treasure Box for Counselor Educators*. Presented at the bi-annual meeting of the Southern Association for Counselor Education & Supervision, Birmingham, AL.
- Haase, T. (2014). *Restoring the Creative Spirit through Poetry*. Presented at the annual meeting of the Association for Humanistic Counseling, Albuquerque, NM.
- Haase, C. & Haase, T. (2013). *Resilience as a Key Factor to Working with Traumatized Youth*. Presented at the annual meeting of the Virginia Counselors Association, The Homestead, Hot Springs, VA.
- Haase, T, Koser, N., Hammond, C., & Early, A. (2013). *Through Different Lenses: Drawing from Psychoanalysis, Attachment Theory, Multicultural Perspective, and Person-Centered Theory to Work Through a Single Case*. Presented at the annual meeting of the Virginia Counselors Association, The Homestead, Hot Springs, VA.
- Haase, T. (2013). *When Loss Comes Suddenly*. Presented at Gathering: Working with Loss and Grief Workshop, Eastern Mennonite University.
- Haase, T. (2012). *Metaphors and Supervision*. Presented on Supervision Saturday at the annual meeting of the Virginia Counselors Association, Fredericksburg, VA.
- Glanzer, P.D. & Haase, T. (2012). *Restoring the creative spirit: The use of poetry in counseling and self-care*. Presented at the annual meeting of the Virginia Counselors Association, Fredericksburg, VA.
- Haase, T. (2012). *In Like a Lion*. Presented at the EMU Continuing Education Series.
- Haase, T. & Early, A. (2011). *The Power of Presence*. Presented at the annual meeting of the Virginia Counselors Association, Chesapeake, VA.
- Haase, T. & Glanzer, P.D. (2011). *Restoring the Creative Spirit*. Presented at the bi-annual meeting of the Association for Counselor Education and Supervision, Nashville, TN.
- Koser, N. & Haase, T. (2011). *Ethics from the Inside Out*. Presented at the EMU Continuing Education Series, Harrisonburg, VA.

Awards

Counselor Educator of the Year, Central Valley Counselors Association, 2015-2016
Chapter Member of the Year, Central Valley Counselors Association, 2014-2015
Counselor Educator of the Year, Central Valley Counselors Association, 2013-2014
Counseling Psychology Faculty of the Year Award, James Madison University, 2006 – 2007
Outstanding Graduate Student Service Award, James Madison University, 2001– 2002
Helen Moore Award for the Pursuit of Counseling Excellence, James Madison University, 2000 – 2001

Professional Conferences Attended

Grief Summit, PESI, April 25 & 26, 2024
Making Connections, Albemarle County Schools, Charlottesville, VA, November 7, 2022
Working with Racial & Intergenerational Trauma: Ethical Clinical Treatment & Supervision, October 1 & 2, 2021
Virginia Counselors Association, November 2019
Virginia Counselors Association, November 2017
Heart of the Wounded Healer 40-hour Training Intensive with Dr. Clarissa Pinkola Estés, Loveland, CO, June 2017
Virginia Counselors Association, November 2016
Southern Association for Counselor Education and Supervision, October, 2016
Heart of the Wounded Healer 40-hour Training Intensive with Dr. Clarissa Pinkola Estés, Loveland, CO, June 2016
Reactive Attachment Disorders and Disturbances of Attachment: History, Treatment and Ethics, with Dr. Bob Marvin, Eastern Mennonite University, April 2016
Emotional Intelligence & Focus, with Dr. Daniel Goleman, Eastern Mennonite University, April 2016
American Counseling Association, March 2016
Virginia Counselors Association, November 2015
Association of Counselor Education & Supervision, October 2015
Technology and Social Media Ethics Training, Eastern Mennonite University, April 10, 2015
The Heart of Healing, Featherstone Institute, January 2015
Virginia Counselors Association, November 2014
Southern Association for Counselor Education and Supervision, October, 2014 Association for Humanistic Counseling, June, 2014
Ethics Training on new ACA codes, Eastern Mennonite University, April 25, 2014
The Foundation of Conversational Leadership with David Whyte, Eastern Mennonite University, February 22, 2014
Solace: The art of asking the beautiful question with David Whyte, Eastern Mennonite University, February 22, 2014
Virginia Counselors Association, November, 2013
American Counseling Association, March 2013
Virginia Counselors Association, November 2012
Expressive Arts Summit, November 2011
Virginia Counselors Association, November 2011
Association for Counselor Education and Supervision, October 2011
National Association of Poetry Therapy, October 2010

Community and Professional Service

Election official, Albemarle County, November 2020 – present
School Counseling Consultant for Page County Middle School, December, 2018 – February, 2019
Invited Speaker, *Creating safety in the classroom*, Teacher In-Service, Cub Run Elementary, December 8, 2017
Invited Speaker, *Creating safety in the classroom*, Teacher In-Service, McGaheysville Elementary, August 18, 2017
VCA Convention Liaison, Central Valley Counselors Association, July 2017 – December 2017
Invited Speaker, RCPS Elementary School Counselors In-Service, March 2017
Parent volunteer, Keister Elementary School, September 2016 – June 2017
Co-Leader, Clinical Counselors Group, Central Valley Counselors Association, August 2014-August 2016
Parent volunteer, Eastern Mennonite Elementary School, 2013 – 2016

Co-President, Central Valley Counselors Association, 2014-2015
Proposal reviewer, SAGE publishing, May 2015
Proposal reviewer, Association for Counselor Education and Supervision, February 2015
Proposal reviewer for the Virginia Association of Counselor Education and Supervision Conference submissions
Graduate Student Research Grant reviewer, Virginia Association of Counselor Education and Supervision
April 2013 & 2014

Eastern Mennonite University Service

MLK Service & Learning Day Committee, 2018 – 2019
Athletic Department Conversations on Multicultural Sensitivity, fall 2018
Seminary Circle Process, spring 2018
Counseling Center Director Search Committee, summer 2017
Graduate Council, August 2012 – May 2018
Faculty Senate, August 2013- May 2015
Quality of Life sub-committee, August 2013- May 2015
Graduate Curriculum Committee, August 2012 – May 2015
Graduate Dean & CJP Executive Director Search Committee, September 2012- January 2013
Library Task Force, August 2011- May 2012