

MA Clinical Mental Health Counseling

Somatic Counseling

Body Psychotherapy | Dance Movement Therapy

First Year

Fall

Course Title	Course ID	Credits
Somatic Counseling Orientation Seminar	CNSS 500	0
Social and Multicultural Foundations I	CNSS 610	1
Foundations of Body Psychotherapy OR Foundations of Dance Movement Therapy	CNSD 616 OR CNSB 626	3
Body/Movement Observation and Assessment I	CNSS 621	2
Counseling and Helping Relationships I :Verbal and Nonverbal Skills	CNSS 631	3
Contemplative Practices for Somatic Counseling Contexts I	CNSS 646	1
Current Methods and Skills of Psychotherapy	CNSS 736	3

13
credits

Spring

Clinical Neuroscience	CNSS 657	3
Social and Multicultural Foundations II	CNSS 611	2
Group Counseling	CNSS 751	3
Body/Movement Observation and Assessment II	CNSS 637	2
Counseling and Helping Relationships II :Verbal and Nonverbal Skills	CNSS 661	3

13
credits

Second Year

Fall

Course Title	Course ID	Credits
Advanced Counseling Skills I	CNSS 605	2
Human Growth and Development	CNSS 620	3
Contemplative Practices for Somatic Counseling Contexts II	CNSS 649	1
Research and Program Evaluation	CNSS 710	3
Specialized Approaches in Dance Movement Therapy OR Specialized Approaches in Body Psychotherapy	CNSD 716 OR CNSB 716	2

11
credits

Spring

Family Systems: Methods of Family Therapy	CNSS 663	2
Assessment	CNSS 700	3
Advanced Counseling Skills II: Dx and Tx in Clinical Mental Health	CNSS 756	3
Counseling Practicum	CNSS 790	3

11
credits

Third Year

Fall

Course Title	Course ID	Credits
Professional Counseling Orientation and Ethical Practice	CNSS 801	3
Master's Paper Seminar I	CNSS 834	1
Internship I	CNSB 871 OR CNSD 871	2

6
credits

Spring

Career Development	CNSS 810	3
Master's Paper Seminar II	CNSS 835	1
Internship II	CNSB 891 OR CNSD 891	2

6
credits