

Curriculum Vitae

Carole L. Clements, MFA, MA

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This is an abbreviated CV. For more detailed information please contact Carole.

Education

- *In process:* Doctorate of Philosophy, Human Sexuality – Clinical Concentration, *California Institute of Integral Studies, San Francisco, California* (anticipated defense: December 2022)
- Certificate in Sex Therapy and Sex Education, April 2017, *California Institute of Integral Studies, San Francisco, California*
- Master of Fine Arts, Writing and Poetics – Prose, 2001, *Naropa University, Boulder, Colorado*
- Master of Arts, Psychology – Contemplative Psychotherapy, 1998, *Naropa Institute, Boulder, Colorado*
- Bachelor of Arts, Political Science, 1990, *Syracuse University, Syracuse, New York*

Research Foci/Methodology

- Foci:
 - Developmental Sexual Complexity
 - Erotic Resilience
 - Sexual Narratives
 - White-sex Supremacy
 - Queering Therapy
 - Markers of Queerness
- Methodologies:
 - Art-based
 - Feminist & Queer
 - Intuitive Inquiry
 - Micro-phenomenology

Teaching

2013 – Present

Associate Professor, Contemplative Psychology, Naropa University, Boulder, Colorado

2002 – 2012

Assistant Professor, Contemplative Psychology, Naropa University, Boulder, Colorado

Design and implement innovative courses for the undergraduate contemplative psychology curriculum at Naropa University to effectuate breadth and depth of learning within psychology broadly, and gender and sexuality more specifically. Design creative teaching strategies to develop critical understanding of how hegemonic sociocultural discourses shape and reshape affectional and sexual intimacy. Promote ethics and scholarship by identifying, interrogating and disrupting sociocultural discourses to welcome diverse ways of knowing and establish learning communities based on belonging.

- Develop cutting-edge courses in gender, sex, and relationship science, including: Human Sexuality, Dynamics of Intimate Relationships, Erotic Intelligence, and Sexual Narratives
- Conduct scholarly research on topics related to critical sexuality
- Model higher-order thinking and problem-solving through a complex-systems approach
- Promote scholarly vision and transformative success among students
- Provide thesis instruction and support for students through individualized tutorials
- Supervise students in preparation and execution of independent research projects
- Supervise graduate assistants engaged in classroom teaching support
- Mentor students and graduate assistants
- Participate in programmatic and university strategic planning efforts
- Facilitate shared governance through service on committees (e.g., Curriculum and Assessment Committee, Faculty Affairs, Cauldron, Faculty Senate)
- Help implement key strategic faculty-led curricular initiatives
- Align course learning outcomes with program learning outcomes

Courses Taught:

- Human Sexuality in Mindfulness-based Transpersonal Counseling Master of Arts program (2019 - Present)
- Dynamics of Intimate Relationships (2012 – Present)
- Special Topics in Psychology: Erotic Intelligence (2012 – 2015)
- Advanced Research in Psychology: Sexual Narratives (2013 – 2014)
- Field Placement (2010 – 2014)
- Senior Seminar I: Transformational Psychology – The Group Experience (2001 – 2013)
- Senior Seminar II: Transformational Psychology – The Threshold Experience (2002 – 2013)
- Introduction to Psychology (Fall 2012, Spring 2000, Fall 1999)
- First Year Seminar – Crossing Borders (Fall 2011)
- Writing Seminar II – The Art of the Scholar (Fall 2010)
- Awakening the Scholar (Fall 2002)

Leadership

2013 – 2020

Dean of Naropa College, *Naropa University, Boulder, Colorado*

Reporting to the Provost, served as academic leader of the undergraduate curriculum at Naropa University. Responsibilities and accomplishments included:

- Implementation of strategies for curricular re-visioning of the undergraduate degree

- Designed and implemented processes in which faculty engaged and re-articulated the program learning outcomes of a Naropa Bachelor of Arts degree
- Assessed and implemented retention initiatives from orientation to graduation
- Implemented and maintained the structure, function and vision of Naropa College as a key contributor/legacy of Title III Strengthening Institutions Grant
- Supervised Undergraduate Academic Advising, including advising for the core curriculum, eleven majors, minors, area requirements, and study abroad programs
- Supported faculty expertise in the areas of assessment, curriculum design, use of technology-enhanced pedagogy (e.g., e-portfolios), capstone pedagogies, community-based learning, social entrepreneurship, etc.
- Organized orientation for incoming students in collaboration with Student Affairs
- Mediated student disputes, including: exceptions to policy, grade disputes, plagiarism, etc.
- Presented to prospective students, families, and donors at events sponsored by Admissions, Student Affairs, and Development
- Managed the instructional budget for the Core Curriculum and the operational budget for the Office of Undergraduate Education

September 2017

Invited Faculty, *National Think Tank on Contemplative Studies in Higher Education*, hosted by Brown University, Providence, RI, September, 21-24, 2017

- Strategized with academics from a range of disciplines on how to legitimize Contemplative Studies as an interdisciplinary offering in higher education

April 2016

Contemplative Community Fellow, *Building Communities Initiative*, hosted by the Center for Contemplative Mind (CMind), in partnership with the Fetzer Institute. Kalamazoo, MI, April 14-17, 2016

- Provided counsel, along with twenty-three other mindfulness-based thought-action leaders from around the country, on the development of resources to establish campus communities focused on contemplative practices and methods in higher education
- Created a grant program to support the development of such communities

2011 – 2013

Faculty Lead, *Contemplative Psychology Department, Naropa University, Boulder, Colorado*
Assumed knowledgeable and poised leadership role within the Contemplative Psychology department, and oversaw operation and maintenance of the program as a way of ensuring satisfaction and success for its students, faculty, and staff.

- Interviewed, hired, and mentored adjunct faculty
- Chaired program meetings
- Organized and led student/faculty community retreats
- Observed classes and offered constructive, evaluative feedback to adjunct faculty
- Mediated student/faculty concerns and disputes

January – May 2013

Project Lead, *Community Conversations, Diversity and Inclusivity Committee*,

Naropa University, Boulder, Colorado

Developed and implemented a Community Conversations project to build awareness, interactive learning and engaged understanding about issues of diversity and inclusivity for the Naropa University community. Served as a liaison between the Diversity & Inclusivity Committee and the campus community.

Stayed in close communication with the Committee Chair

- Directed and scheduled the work of the project
- Engaged with members of Naropa University community and the community at large to build awareness and knowledge of project and project progress
- Provided fiscal responsibility around project reporting

2009 – 2011

Chair, *Contemplative Psychology, Naropa University, Boulder, Colorado*

Assumed knowledgeable and poised leadership role within the Contemplative Psychology department, and oversaw operation and maintenance of the program as a way of ensuring satisfaction and success for its students, faculty, and staff.

- Interviewed and hired adjunct faculty, administrative staff and work-study
- Chaired programmatic team meetings
- Managed departmental instructional and operations budgets along with the administrative director
- Organized and lead student/faculty community retreat
- Observed classes and offered constructive, evaluative feedback to faculty
- Mediated student/faculty/staff issues, concerns, and disputes

2005 – 2008

Faculty Representative, *Board of Trustees, Naropa University, Boulder, Colorado*

- Actively participated as official voting member of Board of Trustees
- Attended all scheduled board meetings, fundraising events, and other important board activities
- Advocated on behalf of faculty to the University President and Board of Trustees
- Generated dialogue between various university constituencies on strategic issues
- Served on the following Board of Trustees committees: Academic Affairs and Campus Planning and Enrollment
- Reported on Board of Trustees meetings to Cauldron (Faculty Senate) and Academic Council (Full Faculty Body)

2006 – 2008

Chair, *Cauldron, Naropa University, Boulder, Colorado*

- Chaired Cauldron and Academic Council throughout the academic year
- Collected and prepared agenda items for Cauldron and Academic Council in concert with the provost
- Communicated Cauldron requests to faculty committee leaders
- Received and discussed issues of concern with faculty committees and individual faculty members
- Compiled and disseminated faculty input during 10-day Faculty Review Process

- Planned and coordinated Faculty Retreat

2002 – 2003

Co-Chair, *Contemplative Psychology, Naropa University, Boulder, Colorado*

Assumed an articulate and poised leadership role within Contemplative psychology department while the Chair was on sabbatical, and oversaw the daily operation and maintenance of the department as a means of ensuring the satisfaction and success of its students, faculty, and staff.

- Interviewed and hired adjunct faculty, administrative staff and work-study
- Chaired weekly departmental meetings
- Observed classes and offered constructive, evaluative feedback to faculty
- Mediated student/faculty/staff issues, concerns, and disputes

May 2000

Coordinator/Faculty, *Way of the Writer, Naropa University, Bali, Indonesia*

Coordinated and supervised a month-long writing intensive for students studying abroad in Bali, Indonesia through Naropa University.

- Organized and supervised weekly community meetings
- Provided academic counsel and community referral services to program participants
- Mediated student/faculty/staff issues, concerns and disputes
- Taught creative fiction and contemplative practices

Presentations

- *The Racist Quest for Sexual Betterment and Pleasure: Objects of White-supremacist Desire*, Annual Conference of The Society for the Scientific Study of Sexuality (SSSS) San Juan, Puerto Rico, November 18 – 21, 2021. (Presentation postponed to 2022 due to Covid/travel restrictions.)
- *(re)Imagined: Discursive anti-Black Sex Positivity in Splacetime/Sex Positivity and the Maintenance of White Supremacy*, 27th Annual Lavender Languages and Linguistics Conference, California Institute of Integral Studies (CIIS), San Francisco, CA, May 21 – 23, 2021
- Proposal Accepted: *Erotic Resilience: The Decolonization and Reclamation of Eros as Chaos*, International Lecture Series of the Association of Black Sexologists and Clinicians; Havana, Cuba, October 24, 2019. (Unable to travel/present due to family medical emergency.)
- Co-presenter, *Queering the Academy: Interrogating Normativity Biases in Higher Education*, University of Colorado – Boulder, September 19, 2019.
- Presenter, *Queer Aesthetics: From Static Categories to Dynamic Play in Group Process*, Annual Conference of the American Group Psychotherapy Association (AGPA), Los Angeles, CA, February 25 – March 2, 2019.
- Co-presenter, *Illuminating the Shadow Side of Sex Positivity: An Art Therapy Approach*, 49th Annual Conference of the American Art Therapy Association, Miami, Florida, October 31, 2018 – November 4, 2018.
- Co-presenter, *Queering Whiteness in Sexuality Leadership: An Exploration of White Fragility, Heteropatriarchy, and Sex Positivity*. International Lecture Series of the

Association of Black Sexologists and Clinicians; University of New York Prague, Czech Republic, September 23, 2018.

- Co-presenter, *The Shadow Side of Sex Positivity: Uncovering the White Fragility Taboo*, Annual Conference of the American Association for Sex Educators, Counselors, and Therapists, Denver, Colorado, June 14-17, 2018.
- Presenter, *Queering Time and Space: Beyond the Binary of Gender and Sexual Orientation in Group Psychotherapy*, Annual Conference of the American Group Psychotherapy Association (AGPA), Houston, Texas, February 26 – March 3, 2018.
- Presenter, *Minding the Gap: Gender and Sexuality in the Group Context*, Annual Conference of the American Group Psychotherapy Association (AGPA), New York, New York, March 9 – 11, 2017.
- Presenter, *Sex in the Classroom: Contemplating from the Outside In*, Annual Conference of the Association for Contemplative Mind in Higher Education, University of Massachusetts, Amherst, Massachusetts, October 7 – 9, 2016.
- Presenter, *Minding the Gap: Gender and Sexuality in the Group Context*, Colorado Group Psychotherapy Association (COGPS), November 12, 2016.
- Presenter, *Straddling the Gap: Sexuality in the Group Context*, Annual Conference of the American Group Psychotherapy Association (AGPA), New York, New York, February 25 – 27, 2016
- Presenter, *Straddling the Gap: Sexuality in the Group Context*, Colorado Group Psychotherapy Association (COGPS), November 8, 2015.
- Moderator, panel on *Sexing Beyond the Binary: 50+ Shades of Gender, Sex, and Romance*, Naropa University, Boulder, Colorado, April 2015
- Moderator, *Pleasure Panel*, Naropa University, Boulder, Colorado, November 2014
- Moderator, panel on *Professional Surrogate Partners*, Boulder, Colorado, February 2014
- Proposal Accepted: “The Epistemology of Mindful Play,” Association for Contemplative Mind in Higher Education, Amherst, Massachusetts, November 2010
- Proposal Accepted: “The Play of Sexual Permission,” Beyond the Bedroom, Boulder, Colorado, October 2013
- Guest Speaker, The Art of Presence in Higher Education, Aspen Guild, September 2010
- Faculty Speaker, Student Achievement Ceremony, December 2009, 2005, 2002, Naropa University
- Faculty Commencement Speaker, Naropa University, 2004

Professional Development

- Eye Movement Desensitization Reprocessing (EMDR) Training, Levels I and II, *Trauma Recovery EMDR Humanitarian Assistance Programs (HAP)*. October 16 – 18, 2020 and February 19 – 21, 2021.
- *Pleasure is the Measure: Expanding Your Client’s Sexual Well Being with Emily Nagoski*. Arvada, CO, October 7, 2019.
- *Let’s Play Tonight: Co-Creating Emotional and Sexual Intimacy for Couples*, with Beverly Tuel, Ph.D and Jennifer Lucas Brown, MA, LPC, AASECT Certified Sex Therapist. Denver, CO, June 8 – 9, 2019.

- *Integrating Emotionally Focused Therapy (EFT) and Sex Therapy*, with Jennifer Lucas Brown, MA, LPC, AASECT Certified Sex Therapist. Boulder-Denver Regional AASECT Meeting. Denver, CO, April 3, 2017.
- *Erotic Transference and Countertransference in Sex Therapy: A Clinical Exploration of What's in the Room from Eroticism to Repulsion*, by Deb Azorsky, MA, LPC. Boulder-Denver Regional AASECT Meeting. Denver, CO, February 13, 2017.
- *Beyond Tantra: Integrating Science, Spirit and Sexuality* with Shauna Shapiro, Ph.D., Margot Anand, and Lorin Roche, Ph.D. Esalen Institute: Big Sur, CA, March 20 – 25, 2016.
- *Sex In and Out of Committed Relationships: Expanding Frameworks*, 2016 AASECT Winter Institute, with William Doherty, PhD, Sue Johnson, PhD, Barry McCarthy, PhD, Emily Nagoski, PhD, Felice Newman, and Esther Perel, MS, LMFT. The Brown School, Washington University, St. Louis, MO.
10th Annual TRANSforming Gender Symposium, University of Colorado, Boulder, CO, March 10 – 12, 2016.
- *Sex In and Out of Committed Relationships: Expanding Framework*, American Association of Sex Educators (AASECT) Winter Institute, St. Louis, MO, January 14 – 17, 2016.
- *3rd Annual Fall Symposium*, Colorado Group Psychotherapy Association (COGPS), November 7 – 8, 2015.
- *A Critical Moment: Sex/Gender Research at the Intersection of Culture, Brain, & Behavior*, University of California, Los Angeles (UCLA), October 23 – 24, 2015.
- *Expanding the Circle: Creating an Inclusive Environment in Higher Education for LGBTQ Students and Studies*, California Institute for Integral Studies (CIIS), San Francisco, CA, June 10 – 13, 2015.
- *Renewing Ourselves, Our Field & Our Vision*, American Association of Sex Educators, Counselors and Therapists (AASECT) 47th Annual Conference, Monterey, CA, June 3 – 7, 2015.
- *The Sexual Frontier: Expanding Our Community Reach in Research, Education & Practice*, The Society for the Scientific Study of Sexuality (SSSS) Annual Conference, Omaha, Nebraska, November 6 – 9 2014.
- *Renewing Ourselves, Our Field & Our Vision*, American Association of Sex Educators, Counselors and Therapists (AASECT) 46th Annual Conference, Monterey, CA, June 4 – 8, 2014.
- *Attachment, Sexuality, Pleasure, and the Body: A Full Spectrum Gestalt Approach to Healing and Thriving*, with Stella Resnick, Ph.D. Esalen Institute: Big Sur, CA, February 16 – 24, 2014.
- *Intimacy and Desire Workshop for Couples* with David Schnarch, Ph.D. and Ruth Morehouse, Ph.D. Crucible Institute: Culver City, CA, November 2 – 4, 2012.
- *Intimacy and Desire: 4 Points of Balance Clinical Workshop* with David Schnarch, Ph.D. and Ruth Morehouse, Ph. D. Crucible Institute: Culver City, CA, November 3 – 6, 2011.

Publications

- Clements, C. L. (Forthcoming 2023). *Sex positivity and white-body supremacy: Ending complicity in Black body erasure*. Book series on *Leading Conversations in Black Sexualities and Identities*. London: Routledge.
- Madrone, S. & Clements, C. L. (2021). Interrogating whiteness as an effective method of decolonizing sexuality research. In M. Marzullo, G. Herdt, & N. Polen-Petit (Eds.), *Locating critical sexuality: Forecasting the trends of 'glocal' sexual literacy*. New York: Anthem Press.
- Clements, C. L., & Madrone, S. (2019). Addressing white fragility through mindfulness-based inquiry in sexuality leadership. In J. Wadley (Ed). *Handbook of sexuality leadership*. New York: Taylor & Francis.
- Clements, C. L. (2016, November). The erotic academy: How mindfulness misses the mark. *Naropa Magazine*, pp. 36 – 41.
- Clements, C. L. (2001). Made-to-order. (Writing and Poetics Master's Thesis: Creative Manuscript). Available through Alan Ginsberg Library, Naropa University, Boulder, CO.
- Clements, C. L. (2001). The landscape of exchange. (Writing and Poetics Master's Thesis: Critical Essay). Available through Alan Ginsberg Library, Naropa University, Boulder, CO.
- Clements, C. L. (1999) Egg salad. In *Twittering Machine*, p. 54. Boulder, CO: Kavyayantra Press.
- Clements, C. L. (1998). Cultivating sanity through storytelling and spontaneity. (Master's Paper, Contemplative Psychotherapy). Available through Alan Ginsberg Library, Naropa University, Boulder, CO.
- Clements, C. L. (1998). Seasons. In *Melancholy Breakfast: (a) literary document(ary)*, p. 28 - 29. Boulder, CO: Kavyayantra Press.

Contemplative Psychotherapist

2005 – Present

Gender, Sex, and Relationship Therapist

Private Practice, Boulder, Colorado

Provide mindfulness-based therapy to individuals, partners and groups. Specialize in issues of gender, gender transition, sexuality, sexual identity, intersectionality, and adult psychosexual development in conventional and alternative, monogamous and consensually non-monogamous, partnerships and relationship constellations. Develop empathic and compassionate interpersonal rapport and therapeutic alliances. Facilitate clear communication and ethical boundary-setting. Assess personal and relational patterns of coping for devising effective treatment strategies. Create an environment of belonging and trust to explore highly sensitive issues related to affectional and sexual intimacy.

- Assess client progress and effectiveness of psychotherapeutic techniques and treatment plans
- Maintain knowledge of current research and new frontiers in mindfulness-based psychotherapy, sex therapy, sexual orientation, gender identity, and gender transition
- Remain apprised of current research into the effectiveness of surrogate partner therapy as a method of adjunctive treatment for sexual challenges and dysfunction
- Stay current with policy and ethical guidelines/changes

- Refer to specialists and/or social services as appropriate

Areas of expertise: Gender identity/expression/variance; gender transition; sex therapy; sexual orientation; intersectional identities; alternative lifestyles; contemplatively-attuned; emotionally-focused and differentiation-based relationship therapy; LGBTQPIA+ aware, informed and responsive.