# Laurel Mackey Miller, L.Ac., M.Ac.

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# CAREER EXPERIENCE

## Licensed Acupuncturist

Classical Five Element Acupuncture, 2006-present

- Provide quality care in a safe and healing environment
- Plan individual treatments for each patient to best support them where they are
- Inform the public about acupuncture through public talks and health fairs
- Successfully manage a small business

#### Acudetox Specialist, 2010- present

- Provide low-cost acupuncture for stress reduction and addiction recovery at Naropa University, Center for Change and other local programs
- Serve as acupuncturist in substance abuse prevention program, Natural Highs, at the September School in Boulder, Colorado
- Deliver talks and demonstrations to addiction recovery and court ordered education groups

### Instructor, Worsely Five-Element Acupuncture

Institute of Taoist Education and Acupneture, 2010-2017

- Provide a safe space for personal development and deep understanding of core curriculum
- Introduce course material with alternative teaching materials
- Communicate with other instructors and administration to insure consistent and quality learning

#### Instructor, Plant Spirit Healing

Seven Bowls School of Nutrition, 2006-2007

- Developed curriculum to meet diverse learning styles
- Facilitated rapport exercises
- Responded to group needs as they arose while maintaining focus

#### Office Manager

Institute of Taoist Education and Acupuncture, 2004

- Managed database of student acupuncture clinic
- Supervised clinic meetings, which included scheduling and serving as discussion leader
- Facilitated changes to improve efficiency in office procedures

#### Teaching Assistant | Chinese Energetics I and II

Psychology Department, Naropa University, Boulder, CO, 2003-2004

- Assisted in creation of weekly lessons
- Participated in class lectures and discussion groups
- Created an enriching learning environment
- Assisted students with different learning styles and needs

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# OTHER WORK EXPERIENCE

#### **OTHER WORK** Meditation Instructor

Naropa University, Transpersonal Psychology Department, Fall 2008

- Worked with students of diverse backgrounds and experience
- Facilitated weekly groups and discussion about meditation practice
- Worked with students one-on-one in meditation interviews in service of their practice experience and questions

#### Spanish Teacher

Elementary Spanish Program, 2000-2002

- Instructed children ages 8-11
- Creation and presentation of creative and fun means to learn the Spanish language and Latin cultures.

#### **Executive Assistant**

Mountain Water, Robert Spellman & Joan Anderson 2000-2001

- Executed tasks towards the betterment of Mountain Water
- Produced art show announcing Mountain Water
- Managed sales of art works
- Secretary for executive meetings

#### **EDUCATION**

**Master's of Acupuncture,** 2008, Institute of Taoist Education and Acupuncture, Louisville, CO.

**Diplomate of Acupuncture** 2006, Institute of Taoist Education and Acupuncture, Louisville, CO.

B.A. Visual Arts, Jungian Psychology 1999, Naropa University, Boulder, CO

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### COMMUNITY SERVICE

#### **Meditation Mentor**

Dharma Ocean, 2005 - present

- Provide ongoing support for people with their meditation practice
- Offer weekly meditation classes
- Facilitate discussions and serve a group leader in retreat setting

#### **Hospice Volunteer**

Hospice of Boulder and Broomfield Counties 2000-2010

- Respite Care for family members
- Companionship to hospice patients
- Acupuncture for patients and caregivers

## PRO-FESSIONAL HIGHLIGHTS

• Basic Teacher Training in Worsely Five-Element Acupuncture with Judy Worsley, 2005