



Fall 2021 State Authorization Federal Regulations

Naropa University Disclosure

The Naropa University education combines rigorous academic learning with contemplative practice. All concentrations of our Clinical Mental Health Counseling Program are currently CACREP equivalent, yet not CACREP accredited. This means that we teach all of the core components that are required by CACREP to be a Clinical Mental Health Counselor, in addition to leading edge contemplative, mindfulness and mind/body integration tools.

As a graduating student you need to complete a degree verification process. Naropa University has a dedicated team member that offers Credentialing and Licensure support during and after your Naropa education.

States in Full Alignment with Naropa Curriculum

Alabama

Alaska

Arizona

Colorado

Connecticut

Delaware

Georgia

Hawaii

Idaho

Louisiana

Maine (Licensed Professional Counselor – licensed professional but unable to diagnose)

Massachusetts

Michigan

Missouri

Nebraska

North Dakota

Oregon

Pennsylvania

South Dakota

Tennessee (LPC)

Washington

Wyoming

States with Additional Requirements to the Naropa Curriculum

This document is intended to provide information about the Naropa Clinical Mental Health Counseling curriculum in general. Some concentrations might meet these additional course requirements listed throughout the above document. See your specific concentration course requirements to confirm.

Arkansas

- Require 9 credits of internship and practicum - Naropa curriculum includes 7-8 credits depending on the concentration
- 3 credits of Family and Relationship (included in the CPBP Curriculum)
- 1 credit of Technology Assisted Counseling

California

- Require 3 credits in each of the following core content areas:
 - Psychopharmacology
 - Addictions Counseling (included in the Hybrid MTC Curriculum)
 - Crisis or Trauma Counseling
- 12-hour California Law and Ethics course
- Additional Coursework (can be completed while doing post-graduate supervision):

- Suicide Risk Assessment and Intervention – 6 hours
- Human Sexuality – 10 hours
- Spousal/Partner Abuse Assessment, Detection and Intervention – 15 hours
- Child Abuse Assessment and Reporting in California – 7 hours
- Aging and Elder/Dependent Adult Abuse Assessment and Reporting - 10 hours
- Mental Health Recovery Oriented Care and Methods of Service Delivery – 45 hours or 3 semester units
- California Cultures, and the Social and Psychological Implications of Socioeconomic Position - 15 hours

District of Columbia

- 3 credits of Marriage and Family (included in the CPBP Curriculum)

Illinois

- The following core content areas are required:
 - Family Dynamics Course Required (included in the CPBP Curriculum)
 - Substance Abuse Course Required (included in the Hybrid MTC Curriculum)

Indiana

- Require 900 hours of internship in addition to 100 hours of practicum - Naropa Curriculum includes 800 hours of practicum/internship
- Require the following core content areas:
 - Foundations of mental health counseling
 - Contextual dimensions of mental health counseling
 - Knowledge and skills for the practice of mental health counseling and psychotherapy
 - Clinical instruction

Iowa

- Applicants are required to take an additional course in Psychopathology in addition to Diagnosis.

Kansas

- Require 15 credits of diagnosis and treatment of mental disorders

Maine - Licensed Clinical Professional Counselor Additional Requirements

- Require 900 hours of practicum/internship - Naropa Curriculum includes 800 hours of practicum/internship
- Must complete 3 out of 8 additional courses in the following areas

- Lifestyle and Career Development (Included in the Naropa Curriculum)
- Marriage and Family Therapy (included in the CPBP Curriculum)
- Human Sexuality for Counselors
- Supervision
- Consultation
- Crisis Intervention
- Addictive Disorders (included in the Hybrid MTC Curriculum)
- Treatment Modalities

Maryland

- 3 credits each in the following core content areas are required:
 - Marriage and Family Therapy (included in the CPBP Curriculum)
 - Alcohol and Drug Counseling (included in the Hybrid MTC Curriculum)
- Require Psychotherapy and Treatment of Mental and Emotional Disorders

Minnesota (LPC)

- Require 3 credits of Family counseling and therapy (included in the CPBP Curriculum)

Minnesota (LPCC)

- 24 credits clinical coursework (in addition to 3 credits of Diagnosis)
 - 6 credits diagnostic assessment
 - 3 credits treatment planning
 - 6 credits clinical intervention methods
 - 3 credits evaluation methodologies
 - 3 credits professional orientation applied to clinical practice
 - 3 credits cultural diversity in addition to Social and cultural foundations

Mississippi

- 3 credits of Marriage and Family Therapy (included in the CPBP Curriculum)

Montana

- Requires Techniques and Theory in addition to Helping Relationships

Nevada

- Require 9 credits of internship and practicum - Naropa curriculum includes 7-8 credits depending on the concentration
- 3 credits in the following core content area
 - Abuse of Alcohol or controlled substances (included in the Hybrid MTC Curriculum)

- Couples Counseling
- Family Systems (included in the CPBP Curriculum)
- Crisis or Trauma Counseling
- Grief or Loss
- Additional course in Human Development with a focus on sexuality

New Jersey

- Need to document 45 credits between the 9 core content areas

New Mexico

- Require 9 credits of internship and practicum - Naropa curriculum includes 7-8 credits depending on the concentration
- Require 12 Credits of Specialized Clinical Study Coursework which includes the following:
 - Clinical Case Study
 - Psychodynamics and Psychotherapy
 - Addictions Counseling
 - DSC IV Diagnosis
 - Treatment Planning
 - Clinical Supervision
 - Psychopharmacology
 - Advanced Testing

New York

- 3 credits in the following core content area required: Foundations of Mental Health Counseling and Consultation
- Requires focus on diagnosis and treatment planning during internship. Students can easily meet this at Naropa but need to be selective in their choice of internship site.

Oklahoma

- Must have 5 Elective Courses (3 credits each) out of the following:
 - Group Dynamics (included in the Naropa Curriculum)
 - Life style and career development (included in the Naropa Curriculum)
 - Social and cultural foundations (included in the Naropa Curriculum)
 - Addictions Counseling (included in the Hybrid MTC Curriculum)
 - Rehabilitation Counseling
 - Counseling with children/adolescents
 - Gerontology
 - Human Sexuality

- Personality theories
- Crisis intervention
- Marriage/family counseling (included in the CPBP Curriculum)
- Clinical supervision
- Psychopharmacology
- Consultation
- Physical and emotional health
- Grief Counseling

Rhode Island

- Require 9 credits of Helping Relationships and Counseling Theory coursework – Naropa curriculum includes 6 credits of Helping Relationship coursework
- Require 12 credits of internship and practicum - Naropa curriculum includes 7-8 credits depending on the concentration

South Carolina

- Requires Diagnostics of Psychopathology in addition to Psychopathology

Tennessee (LPC-MHSP)

- Requires 3 courses related to Diagnosis – Naropa curriculum included 1 course:
 - Abnormal Behavior
 - Use of the DSM V
 - Treatment Planning

Texas

- Require the following courses:
 - Addictions Counseling (included in the Hybrid MTC Curriculum)
 - Counselor ethics in addition to Professional Orientation
 - Couples, Marriage and Family counseling (included in the CPBP Curriculum)
 - Psychopathology in addition to Abnormal Behavior

Utah

- Require 3 credits of Substance-related and Addictive Disorders (included in the Hybrid MTC Curriculum)

Vermont

- Require 3 credits each for 2 out of the 5 content areas:
 - Marriage, Couples and Family Counseling (included in the CPBP Curriculum)
 - Human Sexuality for Counselors

- Crisis Intervention
- Addictive Disorders (included in the Hybrid MTC Curriculum)
- Psychopharmacology

Virginia

- The following core content areas are required:
 - Diagnosis and Treatment of Addictive Disorders
 - Marriage and Family Systems Theory (included in the CPBP Curriculum)

West Virginia

- 3 credits for each of the following core content areas are required:
 - Addictions Counseling (included in the Hybrid MTC Curriculum)
 - Marriage, Couples and/or Family Counseling/Therapy (included in the CPBP Curriculum)

Wisconsin

- Require 9 credits of internship and practicum - Naropa curriculum includes 7-8 credits depending on the concentration
- Require 3 credits for each of the following courses:
 - Crisis and Trauma Counseling
 - Addictions Counseling (included in the Hybrid MTC Curriculum)
 - Family, Partnership, and Couples Counseling (included in the CPBP Curriculum)
- Require 6 credits total between the following areas:
 - Clinical Mental Health Counseling
 - Diagnosis and Treatment Planning
 - Abnormal Behavior and Psychopathology

States that Currently or Plan to Require a CACREP Accredited Education

Florida

From Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling

Legislative Update HB713 posted in Latest News on October 1, 2020. “Beginning July 1, 2025, all Mental Health Counselor applicants must graduate from a CACREP accredited program as a minimum qualification for licensure.”

Kentucky

Statement from the ACA: “Kentucky requires applicants who enrolled in a graduate program after January 15, 2015 or those who receive a degree after May 31, 2020 to graduate from a CACREP accredited program.”

Kentucky Department of Professional Licensing Administrative Regulations 201 KAR 36:070

“Section 2. Accreditation. (1)(a) All coursework submitted for licensure shall be from a regionally accredited educational institution, which is accredited by any one (1) of the following: Southern Association of Colleges and Schools, Middle States Association of Colleges and Schools, New England Association of Colleges and Schools, North Central Association of Colleges and Schools, North Western Association of Schools and Colleges, or Western Association of Schools and Colleges. (b) All coursework submitted for licensure from an international educational institution shall be accredited by the International Registry of Counseling Education Programs or reviewed by the World Education Services. (2) An applicant shall have a degree from a program that is accredited by the Council on Accreditation of Counseling and Related Programs (CACREP) or its affiliates. This requirement shall not apply to an applicant who: (a) Is enrolled in a counseling or a related field program on or before January 15, 2015; (b) Maintains continuous enrollment; and (c) Receives a degree in the counseling or a related field program no later than May 31, 2020.”

Missouri (Online/Hybrid Programs)

From the Missouri Division of Professional Registration: “Effective May 30, 2009 Course work offered primarily via correspondence course, Internet, electronic mail, audio or video, or any format that does not allow the participants to interact verbally and visually does not meet the educational requirements for licensure unless the program is in mental health counseling and CACREP accredited or rehab counseling and CORE accredited.”

New Hampshire

Statement from the ACA: “New Hampshire requires applicants who receive a degree after January 1, 2022, to graduate from a CACREP-accredited program.”

*In 2016 the American Counseling Association (ACA) published information stating that New Hampshire will require a CACREP accredited education for licensure. The state’s licensing board has not published this requirement on their website or in their rules, policies, regulations and/or laws as of June 2020. They have therefore neither confirmed or denied the statement published by ACA at this time.

North Carolina

From North Carolina Board of Licensed Clinical Mental Health Counselors: "Senate Bill 279 was signed into law. This bill amended the educational qualifications for the practice of counseling. As part of the Bill applicants who apply for licensure on or after July 1, 2022 must have a master's degree in counseling or a related degree from CACREP accredited program."

Ohio

Statement from the ACA: "Ohio, for in-state applicants submitting after January 1, 2018, requires graduation from a CACREP-accredited program."

From Ohio Counselor, Social Work and Marriage and Family Therapist Board: "You must hold a graduate degree in counseling from an accredited institution. All "Council for Accreditation of Counseling and Related Educational Programs" "CACREP" accredited clinical mental health programs, clinical rehabilitation counseling programs, or addiction counseling programs meet Ohio's education requirements for licensure. "CACREP" accredited mental health program degrees conferred prior to January 1, 2018 are also accepted as meeting the educational standards for licensure. Applicants from other accredited counseling programs shall meet the standards of division (B)(3)(d) of section 4757.23 of the Revised Code."

Section 4757.23 of the Revised Code Named Above:

(2) To meet the requirement of division (B)(1)(b) of this section, a graduate degree in counseling obtained from a counseling program in this state after January 1, 2018, must be from one of the following:

(a) A counseling program accredited by the council for accreditation of counseling and related educational programs;

(b) A counseling education program approved by the board in accordance with rules adopted by the board under division (G) of this section.

(3) All of the following meet the educational requirements of division (B)(1)(c) of this section:

(a) A clinical mental health counseling program accredited by the council for accreditation of counseling and related educational programs;

(b) Until January 1, 2018, a mental health counseling program accredited by the council for accreditation of counseling and related educational programs;

(c) A graduate degree in counseling issued by an institution in another state from a clinical mental health counseling program, a clinical rehabilitation counseling program, or an

addiction counseling program that is accredited by the council for accreditation of counseling and related educational programs;

(d) A counseling education program approved by the board in accordance with rules adopted under division (G) of this section.