

## Graduate School of Counseling and Psychology Course Delivery Methods

Updated July 28, 2020

Subject to change due to COVID-19 related issues

### Contemplative Psychotherapy & Buddhist Psychology

Delivery	Course Code	Course title	Faculty
Hybrid	CNSC 600 A	Opening Retreat	all core faculty
Hybrid	CNSC 603 A	Buddhist Psychology I	Karen Wegela
Online	CNSC 609 A	Group Process I	Debra Bopsie
Online	CNSC 609 B	Group Process I	Regina Smith
Online	CNSC 609 C	Group Process I	Rachel Fields
Online	CNSC 610 A	Social and Multicultural Foundations	Uğur Kocataskin and Nora Ahmed-Kamal
Online	CNSC 620 A	Human Growth and Development: Contemplative View	Susan Burggraf
Hybrid	CNSC 660 A	Maitri I	Janneli Chapin, Jean Bondurant
Hybrid	CNSC 703 A	Buddhist Psychology III: Compassion and the Heart of Emptiness	Sara Lewis
Online	CNSC 709 A	Group Process III	Rachel Fields
Online	CNSC 709 B	Group Process III	Debra Bopsie
Online	CNSC 709 C	Group Process III	Rachel Fields
Hybrid	CNSC 711 A	Career Development: Work, Transition, and Path	MacAndrew Jack
Hybrid	CNSC 751A	Group Theory and Counseling	Craig Salerno & Elizabeth Driscoll
Hybrid	CNSC 760 A	Maitri III	Janneli Chapin, Ugur Kocataskin
Hybrid	CNSC 770 A	Family Systems	Janneli Chapin, Ugur Kocataskin
Hybrid	CNSC 790 A	Counseling Practicum	Cathy Zimmerman
Hybrid	CNSC 803 A	Buddhist Psychology V: The Way of the Contemplative Counselor	Karen Wegela
Online	CNSC 809 A	Group Process V	Sasha Raskin
Online	CNSC 809 B	Group Process V	Debra Bopsie
Online	CNSC 809 C	Group Process V	Sasha Raskin
Online	CNSC 809 D	Group Process V	Debra Bopsie
Hybrid	CNSC 871 A	Internship I	Adil Ugur Kocataskin
Online	CNSC 890 A	Special Topics: Trauma-Informed Care	Scott Church

### Mindfulness-Based Transpersonal Counseling (On-Campus & Low-Residency)

Delivery	Course Code	Course title	Faculty
Online	CNSM 601 A	Gestalt I: Awareness	Harmony Kwiker
Online	CNSM 601 B	Gestalt I: Awareness	TBD
Online	CNSM 601 C	Gestalt I: Awareness	Uri Talmor
Online	CNSM 601 D	Gestalt I: Awareness	Uri Talmor
Hybrid	CNSM 601e A	Gestalt I	TBD
Hybrid	CNSM 601e B	Gestalt I	TBD
Online	CNSM 751 A	Group Counseling: Lecture- Mindfulness-based Transpersonal Counseling	Francis Kaklauskas
Online	CNSM 751 B	Group Counseling: Lecture- Mindfulness-based Transpersonal Counseling	Francis Kaklauskas
Online	CNSM 752 A	Group Counseling: Experiential- Mindfulness-based Transpersonal Counseling	Francis Kaklauskas
Online	CNSM 752 B	Group Counseling: Experiential- Mindfulness-based Transpersonal Counseling	Jenna Noah
Online	CNSM 752 C	Group Counseling: Experiential- Mindfulness-based Transpersonal Counseling	Diane Israel
Online	CNSM 801 A	Professional Counseling Orientation and Ethical Practice I: Mindfulness-based	Xochitl Vallejos
Online	CNSM 801 B	Professional Counseling Orientation and Ethical Practice I: Mindfulness-based	Shanon Brown
Online	CNSM 871 A	Internship I: Mindfulness-based Transpersonal Counseling	Shanon Brown
Online	CNSM 871 B	Internship I: Mindfulness-based Transpersonal Counseling	Carol Herrick
Online	CNSM 871 C	Internship I: Mindfulness-based Transpersonal Counseling	Francis Kaklauskas
Online	CNSM 871 E	Internship I: Mindfulness-based Transpersonal Counseling	Xochitl Vallejos
Online	CNST 528 A	Counseling Loss, Grief, and Life Transitions	Xochitl (Lisa) Vallejos & Clarissa Cigrand
Online	CNST 610 A	Social and Multicultural Foundations	Xochitl (Lisa) Vallejos & Clarissa Cigrand
Online	CNST 610 B	Social and Multicultural Foundations	Ian Wickramasekera & Jenna Noah
Online	CNST 610 C	Social and Multicultural Foundations	Ian Wickramasekera & Shanon Brown
Online	CNST 620 A	Human Growth and Development	Lindsey Randol
Online	CNST 620 B	Human Growth and Development	Diane Israel
Online	CNST 620 C	Human Growth and Development	Diane Israel
Online	CNST 620 D	Human Growth and Development	Lindsey Randol
Online	CNST 621 A	Psychology of Meditation I: Mindfulness Training	Dale Asrael
Online	CNST 621 B	Psychology of Meditation I: Mindfulness Training	Peter Grossenbacher
Online	CNST 621 C	Psychology of Meditation I: Mindfulness Training	Barbara Carter
Online	CNST 621 D	Psychology of Meditation I: Mindfulness Training	Dale Asrael
Hybrid	CNST 631 A	Counseling and Helping Relationships I	Amy Winchester
Online	CNST 631 B	Counseling and Helping Relationships I	Lindsey Randol
Online	CNST 631 C	Counseling and Helping Relationships I	Jenna Noah
Hybrid	CNST 631 D	Counseling and Helping Relationships I	Clarissa Cigrand
Hybrid	CNST 631 E	Counseling and Helping Relationships I	Clarissa Cigrand
Online	CNST 631 F	Counseling and Helping Relationships I	Jenna Noah
Hybrid	CNST 631e A	Counseling and Helping Relationships I	Trevor Buser
Hybrid	CNST 631e B	Counseling and Helping Relationships I	Joseph Soma
Hybrid	CNST 631e C	Counseling and Helping Relationships I	Jessica Killebrew
Online	CNST 671 A	Psychology of Meditation II: Applications to Counseling	Marina Dorian
Online	CNST 671 B	Psychology of Meditation II: Applications to Counseling	Itai Ivltzan
Online	CNST 700 A	Assessment	TBD

Online	CNST 704 A	Transforming Addictions	Shanon Btown
Online	CNST 710 A	Research and Program Evaluation	Ian Wickramasekera
Hybrid	CNST 710e A	Research and Program Evaluation	Ian Wickramasekera
Hybrid	CNST 710e B	Research and Program Evaluation	Trevor Buser
Hybrid	CNST 720e A	Meditation Practicum I: Cultivating Awareness	Jenna Noah
Hybrid	CNST 720e B	Meditation Practicum I: Cultivating Awareness	Ian Wickramasekera
Hybrid	CNST 720e C	Meditation Practicum I: Cultivating Awareness	Michael Levy
Online	CNST 740 A	Diagnostic Psychopathology	Marina Dorian
Online	CNST 753 A	Diagnostic Psychopathology II	Aradhana Rakhra
Hybrid	CNST 770e A	Meditation Practicum I: Cultivating Awareness	Charlotte Rotterdam
Hybrid	CNST 770e B	Meditation practicum II	Patti Chenis
Online	CNST 771 A	Marriage and Couples Therapy	TBD
Online	CNST 790 A	Counseling Practicum	Angela Aaron
Online	CNST 790 B	Counseling Practicum	TBD
Hybrid	CNST 790 C	Counseling Practicum	Amy Winchester
Online	CNST 790 D	Counseling Practicum	TBD
Hybrid	CNST 790e A	Counseling Practicum	Trevor Buser
Hybrid	CNST 790e B	Counseling Practicum	Joseph Soma

### Somatic: Body Psychotherapy

### Somatic: Dance/Movement Therapy

Delivery	Course Code	Course title	Faculty
Hybrid	CNSB 626 A	Foundations of Body Psychotherapy	TBD
Hybrid	CNSB 716 A	Specialized Approaches in Body Psychotherapy: Trauma, Resilience, and Change	TBD
Online	CNSB 871 A	Internship I: Body Psychotherapy	Heather Sutton
Hybrid	CNSD 616 A	Foundations of Dance/Movement Therapy	Wendy Allen
Hybrid	CNSD 616 B	Foundations of Dance/Movement Therapy	T. Schall
Hybrid	CNSD 716 A	Specialized Approaches in DMT: Therapist as Artist	Wendy Allen/ Diane Bartko
Online	CNSD 871 A	Internship I: Dance/ Movement Therapy	Wendy Allen
In-person	CNSS 500 A	Somatic Counseling Orientation Seminar	Wendy Allen
Hybrid	CNSS 605 A	Advanced Counseling Skills I	Rachael Collins
Hybrid	CNSS 605 B	Advanced Counseling Skills I	Rachael Collins
Hybrid	CNSS 610 A	Social and Multicultural Foundations I	Deborah Silver/Tajah Schall
Hybrid	CNSS 610 B	Social and Multicultural Foundations I	Deborah Silver/Tajah Schall
Online	CNSS 620 A	Human Growth and Development	TBD
Online	CNSS 620 B	Human Growth and Development	TBD
Hybrid	CNSS 621 A	Body/Movement Observation and Assessment I	Erin Anderson
Hybrid	CNSS 621 B	Body/Movement Observation and Assessment I	Erin Anderson
Hybrid	CNSS 631 A	Counseling & Helping Relationships I	Wendy Allen/ Griffin Jensen
Hybrid	CNSS 631 B	Counseling & Helping Relationships I	Wendy Allen/ Griffin Jensen
Hybrid	CNSS 646 A	Contemplative Practices for Somatic Counseling Contexts I	Jacquelyne Ashley
Hybrid	CNSS 646 B	Contemplative Practices for Somatic Counseling Contexts I	Jacquelyne Ashley
Hybrid	CNSS 649 A	Contemp Practice for Smtc II	TBD
Hybrid	CNSS 649 B	Contemp Practice for Smtc II	TBD
Online	CNSS 736 A	Current Methods and Skills in Psychotherapy	Heather Sutton
Hybrid	CNSS 790 A	Counseling Practicum	Diane Bartko
Hybrid	CNSS 790 B	Counseling Practicum	Diane Bartko
Online	CNSS 801 A	Professional Counseling Orientation and Ethical Practice	TBD
Online	CNSS 834 A	Master's Paper Seminar I	Wendy Allen

### Transpersonal Art Therapy

Delivery	Course Code	Course title	Faculty
Hybrid	CNSA 600 A	Transpersonal Art Therapy Orientation Seminar	Leah Friedman
Hybrid	CNSA 604 A	Foundations of Art Therapy: Studio and Practicum	Leah Friedman
Hybrid	CNSA 631 A	Counseling & Helping Relationships I: Transpersonal Art Therapy	Leah Friedman
Hybrid	CNSA 631 B	Counseling & Helping Relationships I: Transpersonal Art Therapy	Jessica Whitesel
Online	CNSA 634 A	History & Theory of Art Therapy	Michael Franklin
Hybrid	CNSA 751 A	Group Counseling: Transpersonal Art Therapy	Jessica Whitesel
Hybrid	CNSA 754 A	Counseling for Adult Populations (for Art Therapy Students)	Leah Friedman
Online	CNSA 801 A	Professional Counseling Orientation & Ethical Practice I: Transpersonal Art Therapy	Cynthia Gordon
Online	CNSA 801 B	Professional Counseling Orientation & Ethical Practice I: Transpersonal Art Therapy	Michael Franklin
Online	CNSA 824 A	Internship Studio Methods I	Michael Franklin
Online	CNSA 871 A	Internship I: Transpersonal Art Therapy	Kathleen Schettler
Online	CNSA 871 B	Internship I: Transpersonal Art Therapy	Kathleen Schettler

### Transpersonal Wilderness Therapy

Delivery	Course Code	Course title	Faculty
Hybrid	CNSW 609 A	Wilderness Therapy Intensive (2 Credits)	Kate Mazuy
Hybrid	CNSW 631 A	Couns/Helping Relations I (3 Credits)	Amy Winchester and Heather Bair
Hybrid	CNSW 631 B	Couns/Helping Relations I (3 Credits)	Amy Winchester and Heather Bair

Hybrid	CNSW 635 A	Group Process I	Kate Mazuy and Amy Winchester
Hybrid	CNSW 707 A	New name: Clinical Considerations in Outdoor Settings	Amy Winchester
Hybrid	CNSW 708 A	Outdoor Skills: Ropes Course	Jody Radtke
Hybrid	CNSW 711 A	Career Development I (1.5 Credits)	Amy Winchester
Hybrid	CNSW 719 A	Ecopsychology: Transpersonal Perspectives	Edward Woodfin
Hybrid	CNSW 728 A	Person, Plants, and Land: Horticulture Therapy	Tracey A Lamers
Hybrid	CNSW 751 A	Group Counseling: TCWT (2 Credits)	Kate Mazuy
Hybrid	CNSW 801 A	Prof Coun Orien/Ethic I: WT (2.5 Credits)	Max Woodfin
Hybrid	CNSW 871 A	Internship I: TCWT (2 Credits)	Max Woodfin