Welcome

Naropa Student Counseling Center integrates contemplative approaches with modern clinical practice to assist our students in reaching their highest level of emotional and mental well-being while on their journey of transformation. The Student Counseling Center offers initial assessments, evaluations, individual counseling, couples counseling, and group therapy provided by interns and practicum therapists, under the supervision of Licensed Counselors.

Our Licensed Counselors host virtual drop-in hours daily from 3:00-3:30pm and 3:30-4pm. We also provide mental health outreach and educational programming for the Naropa community.

We do not have in-house psychiatric or intensive services and we refer students with more complex issues to outside providers. When students struggle with ongoing addiction, a personality disorder, psychosis, schizophrenia, or have unmedicated and chronic problems with bipolar, depression, or anxiety we will help them get connected with specialized services.

Getting Started

All of our services begin with a virtual 20-minute screening with a Licensed Counselor. This meeting will help build an understanding of what is bringing you in and what support you are looking for. Please email us at studentcounselingcen@naropa.edu or call 303-245-4630 to set up a virtual initial screening appointment.

After your virtual 20-minute screening we will schedule a 75-minute virtual intake session or help you get connected with another counselor that fits your needs.
The Naropa Student Counseling Center is dedicated to supporting the overall well-being and transformation of Naropa Students. To protect the health and safety of the Naropa community we will be offering all services virtually for the foreseeable future.

Meet our Licensed Counselors

Jo-Lynn Park, MA, LPC, Director
Jo-Lynn Park provides leadership for the Student Counseling Center by guiding the Masters Training Program and providing supervision for the center’s licensed and trainee counseling staff. She offers training and consultation to students, staff, faculty and the Naropa community. She is a Licensed Professional Counselor with a Master’s degree in Counseling Psychology and serves as adjunct faculty for Naropa’s GSCP and undergrad programs. Jo-Lynn has worked in therapeutic and educator roles in wilderness, college, treatment center, retreat, international, and experiential education and school programs since 1998. She is a passionate about education and learning, leadership and organizational development. Jo-Lynn’s clinical approach is integrative and she draws from experiential, depth, and developmental psychologies. She has extensive training in Hakomi, EMDR, Buddhist psychology, yoga, and meditation. In her free time she likes to cuddle up with her dog, cook, read, and ski, hike, and bike outside with loved ones.

Meet our Counselors in Training

Two New Counselor and Clinical Supervisors coming this fall!!!!

Chloe Jacobson, Intern Therapist
Chloe is a third year Transpersonal Art Therapy graduate student. She deeply believes in the healing power of present, experiential, creative expression. Chloe brings a somatic and relational approach while utilizing the art process within a social justice informed container. She applies queer and feminist theory and is passionate about working with the LGBTQ+ community. She believes in the ability of art to articulate better than language, and radically hold each individual’s relative experience and story. In the rest of her life, she can be found working on various craft or kitchen projects in her cabin in the Rockies, or exploring the natural world outside of it.

Everest Robinson, Intern Therapist
Everest is in a third-year graduate student in the Mindfulness-Based Transpersonal Counseling Program. Everest believes wholeheartedly in the innate wisdom, strength, wholeness, and ability of every person to experience a connected and fulfilling life on their own terms. Everest is interested in exploring how systems of oppression, unresolved trauma, existential questions and interpersonal patterns prevent people from tapping into their innate health and wholeness. Everest sees himself as a fellow traveler, a witness, and a guide into discovering the beauty of living a present, connected, and responsible life. Everest uses experiential experiments, somatic awareness, reflective listening, and motivational interviewing to help his clients integrate, experience life in the present moment and find meaning. In his spare time, Everest enjoys watching Pixar movies, reading sci-fi/fantasy, making art, shopping, eating out, FaceTiming with his infant nephew and quality time with friends.

Jonathan Veit, Intern Therapist
Jonathan is a third-year graduate student in the Contemplative Psychotherapy and Buddhist Psychology program. He believes in an integrative model of health through which he supports the client in holding an innate capacity of their own healing. He believes that struggles are rooted in a disconnection from the ground of basic goodness and can get in the way of a person coming into their own possibilities, aliveness, and joy. He works collaboratively with the client to help them discover their own parts, wisdom, and compassion in support of achieving their goals and experiencing greater contentment. He has a background in philosophy, practices art, and has taught yoga and meditation. He has particular interest in environmental and social justice, addiction and recovery, and sexual well-being. In his spare time, Jon enjoys taking in nature while on a run or finding self-expression through poetry or music.

Nicole Xenos, Intern Therapist
Nicole is a third-year graduate student in the Mindfulness-Based Transpersonal Psychology program. Nicole incorporates a variety of transpersonal, social-justice based, and humanistic counseling modalities in order to foster an atmosphere of support, empathy, and trust. Using cultural humility and an intention for inclusivity Nicole strives to create a non-judgmental and safe space with clients. Nicole seeks to help clients draw on personal knowing and cultural wisdom in order to promote growth, development, and healing. She believes advocacy is a core piece of being a psychotherapist and seeks to help clients understand their experience at micro, macro, and meso levels. In addition to being a therapist Nicole is a mother of four, a birth and postpartum doula, and teaches trauma-informed yoga for underserved communities.