



Contemplative End-of-Life Care Certificate Program

Spiritual
Care



An innovative certificate program for
health care professionals & trained volunteers

This course brings together contemplative resources of the compassionate approach presented in *The Tibetan Book of Living and Dying* and best practices of modern hospice and palliative care.

- Strengthens knowledge & skills to respond to patient and family needs.
- Encourages personal and professional growth, and more authentic communication.
- Awakens deeper compassion and wisdom in life and work through meditation and contemplative practices.



Christine Longaker



Kirsten Deleo, MA



Pam Russell, LMSW



Dr. Ann Allegre MD, FACP



Dr. Ira Byock, MD

15-weeks of online learning with an with an 8-day residential retreat. Offered by Rigpa's Spiritual Care Program in partnership with Naropa University since 2003. Online: **Sep. 3-Dec. 22, 2013** | Residential retreat: **Oct. 2-11**, New York state. CE's in nursing, social work, chaplaincy, and other fields.

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The Spiritual Care Program - non-denominational care and education based on meditation, mindfulness and compassion

For more information and application:

www.spcare.org/us | e-mail: usa@spcare.org | Tel.: 1-866-511-2273