

Naropa University Prerequisite Coursework Guide for M.A. Clinical Mental Health Counseling

Mindfulness-Based Transpersonal Counseling

Somatic Counseling: Body Psychotherapy or Dance/Movement Therapy

Transpersonal Art Therapy

Transpersonal Wilderness Therapy

Prerequisites are required by four of Naropa's M.A. Clinical Mental Health Counseling programs.

Applicants must submit official transcript(s) showing proof of completion of prerequisite coursework by June 30, 2020. To ensure the official transcripts of prerequisite coursework arrive to the Office of Admissions by the deadline, we strongly recommend that all prerequisites are completed no later than June 1, 2020. Applicants will not be able to register for classes until all transcripts are received.

Applicants cannot take prerequisites alongside their graduate coursework at Naropa University, and prerequisites cannot be taken at Naropa University without enrolling as a full-time undergraduate student.

A grade of "C" or above is required for all prerequisite coursework. All prerequisites are to be completed at accredited on-site or online academic institutions for credit (not pass/fail or audited).

Mindfulness-Based Transpersonal Counseling

- One 3 semester credit course in Theories of Personality or a bachelor's degree in psychology

Somatic Counseling: Body Psychotherapy or Dance/Movement Therapy

- One 3 semester credit (45 contact hours) course in Human Anatomy **or** Anatomy with Kinesiology
- One 3 semester credit course in Introduction to Psychology/General Psychology
- One 3 semester credit course in Abnormal Psychology **or** Theories of Personality

Transpersonal Wilderness Therapy

- One 3 semester credit course in either Abnormal Psychology, Developmental Psychology, or Theories of Personality or a bachelor's degree in psychology

Transpersonal Art Therapy

- Psychology Prerequisites (12 semester credit hours)
 - One 3 semester credit course in Abnormal Psychology
 - One 3 semester credit course in Developmental Psychology
 - Two 3 semester credit courses in psychology electives (example courses: Introduction to Psychology/General Psychology, Theories of Personality)
 - Studio Art Prerequisites (18 semester-credit hours)
 - One 3 semester credit art studio course in Drawing
 - One 3 semester credit art studio course in Painting
 - One 3 semester credit art studio course in a 3D medium (Sculpture or Ceramics)
 - Three 3 semester credit courses in studio art electives

Acceptable alternative course titles that fulfill prerequisite requirements:

Developmental Psychology

- Life Span Development
- Child Development
- Child Psychology
- *Note: Adolescent Psychology **does not** fulfill this requirement*

Theories of Personality

- Methods of Psychotherapy
- History and Systems of Psychology
- Psychology of Personality
- Introduction to Personality

General Psychology

The following course titles usually fulfill this prerequisite, but need to be verified with a course description or syllabus:

- Introduction to Counseling
- Foundations of Counseling

Abnormal Psychology

- Psychopathology
- Abnormal Behavior

The following course titles usually fulfill the requirement, but need to be verified with a course description or syllabus:

- Deviant Behaviors
- Classes on the DSM-IV
- Clinical Assessment and/or Appraisal

Human Anatomy & Kinesiology

- *Note: Kinesiology or Physiology alone **does not** fulfill this requirement*

Recommendations

Courses vary in requirements, format and cost

Southern New Hampshire University (Online & Distance Education):

- Online, self-paced independent study, or 9-week sessions
- Enroll anytime
- [Abnormal Psychology](#), [Developmental Psychology](#), [Psychology of Personality](#)

University of North Dakota (Online & Distance Education):

- Online, self-paced independent study
- Enroll anytime
- [Abnormal Psychology](#) (PYSC270), [Developmental Psychology](#) (PSYC250), [Introduction to Personality](#) (PSYC360), [Intro to Psychology](#) (PSYC111)

Louisiana State University (Online Distance Learning):

- Online, self-paced independent study
- Enroll anytime
- [Intro to Abnormal Psychology](#) (PSYC 3082), [Developmental Psychology of the Life Span](#) (PSYC 2070), [Personality](#) (PSYC 3081), [Introduction to Psychology](#) (PSYC 2000)

Brigham Young University (Independent Study):

- Online, self-paced independent study
- Enroll anytime
- [Introduction to Psychological Sciences](#) (PSYCH 111), [Human Anatomy](#) (PDBIO 210), [Abnormal Psychology](#) (PSYCH 342), [Personality](#) (PSYCH 341), [Developmental Psychology](#) (PSYCH 320)

Colorado Community Colleges Online:

- Online
- Multiple start dates
- 10-15 week classes

- [Basic Anatomy & Physiology \(BIO106\)](#), [General Psychology \(PSY101\)](#), [Human Growth & Development \(PSY235\)](#), [Child Development \(PSY238\)](#), [Abnormal Psychology \(PSY249\)](#)

University of Colorado (Continuing Education):

- Online
- Term-based & self-based availability
- [Abnormal Psychology \(PSYC 3303\)](#), [Developmental Psychology \(PSYC 3684\)](#), [History of Psychology \(PSYC 3511\)](#), [General Psychology \(PSYC 1001\)](#)

Colorado State University (Online):

- Online
- Fall, Spring, Summer semester start dates
- [Abnormal Psychology \(PSY 320\)](#), [Psychology of Personality \(PSY 325\)](#), [General Psychology \(PSY 100\)](#), [Anatomy for the Health Professions \(BMS 310\)](#)

University of Idaho (Distance & Extended Education)

- Online
- Fall, Spring, and Summer semester start dates
- [Developmental Psychology \(PSYC 305\)](#), [Introduction to Psychology \(PSYC 101\)](#), [Abnormal Psychology \(PYSC 311\)](#)

University of Phoenix

- Enroll anytime; 4-5 weeks
- [Personality250.html](#)

University of Calif – Berkley

- [Psychology of Personality](#)

Study.com (Online):

- Online
- Enroll anytime; 4-5 weeks
- [Abnormal Psychology \(PSY 320\)](#), [Psychology of Personality \(PSY 310\)](#), [General Psychology \(PSY 101\)](#)

If you have questions about the prerequisite, please contact your Graduate Admissions Counselor, admissions@naropa.edu

Thank you.