



## **2021 State Authorization Federal Regulations**

### **Naropa University Disclosure**

The Naropa University education combines rigorous academic learning with contemplative practice. All concentrations of our Clinical Mental Health Counseling Program are currently CACREP equivalent, yet not CACREP accredited. This means that we teach all of the core components that are required by CACREP to be a Clinical Mental Health Counselor, in addition to leading edge contemplative, mindfulness and mind/body integration tools.

As a graduating student you need to complete a degree verification process. Naropa University has a dedicated team member that offers Credentialing and Licensure support during and after your Naropa education.

### **States in Full Alignment with Naropa Curriculum**

Alabama

Alaska

Arizona

Colorado

Connecticut

Delaware

Georgia

Hawaii

Idaho

Kansas

Louisiana

Maine (Licensed Professional Counselor – licensed professional but unable to diagnose)

Massachusetts

Michigan

Montana

Nebraska

New Jersey

North Dakota

Oregon

Pennsylvania

South Carolina

South Dakota

Tennessee

Washington

Wyoming

### **States with Additional Requirements to the Naropa Curriculum**

This document is intended to provide information about the Naropa Clinical Mental Health Counseling curriculum in general. Some concentrations might meet these additional course requirements listed throughout the above document. See your specific concentration course requirements to confirm.

#### **Arkansas**

- Require 9 credits of internship and practicum - Naropa curriculum includes 7-8 credits depending on the concentration
- 3 credits required in the following core content area: Family and Relationship

#### **California**

- Must complete 3 credits of Diagnosis Core Content Area during the Master's program

- Require 3 credits in each of the following core content areas (can be completed during or after completing the Master's program):
  - Psychopharmacology
  - Addictions Counseling
  - Crisis or Trauma Counseling
- 12-hour California Law and Ethics course
- Additional Coursework (can be completed while doing post-graduate supervision):
  - Suicide Risk Assessment and Intervention – 6 hours
  - Human Sexuality – 10 hours
  - Spousal/Partner Abuse Assessment, Detection and Intervention – 15 hours
  - Child Abuse Assessment and Reporting in California – 7 hours
  - Aging and Elder/Dependent Adult Abuse Assessment and Reporting - 10 hours
  - Mental Health Recovery Oriented Care and Methods of Service Delivery – 45 hours or 3 semester units
  - California Cultures, and the Social and Psychological Implications of Socioeconomic Position - 15 hours

#### **District of Columbia**

- Core Content Requirement: Marriage and Family Course

#### **Illinois**

- The following core content areas are required:
  - Family Dynamics Course Required
  - Substance Abuse Course Required

#### **Indiana**

- Require 1000 hours of practicum/internship - Naropa Curriculum includes 800 hours of practicum/internship
- Require the following core content areas:
  - Clinical Instruction
  - Contextual dimensions of Mental Health Counseling

#### **Iowa**

- Applicants are required to take an additional course entitled “Diagnosis and Treatment Planning” in addition to Diagnosis, Psychopathology or Assessment

#### **Maine - Licensed Clinical Professional Counselor Additional Requirements**

- Require 900 hours of practicum/internship - Naropa Curriculum includes 800 hours of practicum/internship

- Must complete 3 out of 8 additional courses in the following areas
  - Lifestyle and Career Development (Included in the Naropa Curriculum)
  - Marriage and Family Therapy
  - Human Sexuality for Counselors
  - Supervision; Consultation
  - Crisis Intervention
  - Addictive Disorders
  - Treatment Modalities

### **Maryland**

- 3 credits each in the following core content areas are required:
  - Marriage and Family Therapy
  - Alcohol and Drug Counseling

### **Minnesota**

- Core Content Requirement: Family counseling and therapy

### **Mississippi**

- 3 credits required in the following core content area: Marriage and Family Therapy

### **Missouri**

- Must complete 3 credit Diagnosis during the Master's Program

### **Nevada**

- Require 9 credits of internship and practicum - Naropa curriculum includes 7-8 credits depending on the concentration
- Require 3 credits in the following core content area: Addictions Counseling

### **New Mexico**

- Require 9 credits of internship and practicum - Naropa curriculum includes 7-8 credits depending on the concentration
- Require 12 Credits of Specialized Clinical Study Coursework which includes the following:
  - Case Study
  - Psychodynamics and Psychotherapy
  - DSC IV Diagnosis
  - Treatment Planning
  - Clinical Supervision
  - Psychopharmacology

- Advanced Training

### **New York**

- 3 credits in the following core content area required: Foundations of Mental Health Counseling and Consultation
- Requires focus on diagnosis and treatment planning during internship. Students can easily meet this at Naropa but need to be selective in their choice of internship site.

### **Oklahoma**

- Must have 5 Elective Courses (3 credits each) out of the following:
  - Group Dynamics (included in the Naropa Curriculum)
  - Life style and career development (included in the Naropa Curriculum)
  - Social and cultural foundations (included in the Naropa Curriculum)
  - Addictions Counseling
  - Rehabilitation Counseling
  - Counseling with children/adolescents
  - Gerontology
  - Human Sexuality
  - Personality theories
  - Crisis intervention
  - Marriage/family counseling
  - Clinical supervision
  - Psychopharmacology
  - Consultation
  - Physical and emotional health
  - Grief Counseling

### **Rhode Island**

- Require 9 credits of Helping Relationship coursework – Naropa curriculum includes 6 credits of Helping Relationship coursework
- Require 12 credits of internship and practicum - Naropa curriculum includes 7-8 credits depending on the concentration

### **Texas**

- Require the following courses:
  - Addictions Counseling
  - Counselor ethics in addition to Professional Orientation
  - Couples, Marriage and Family counseling
  - Psychopathology in addition to Abnormal Behavior

## **Utah**

- Require 1000 hours of practicum/internship - Naropa Curriculum includes 800 hours of practicum/internship
- Require 4 credits of Mental Status Examination and the Appraisal of DSM Maladaptive and Psychopathological Behavior – Naropa curriculum includes 3 credits of Diagnosis/Psychopathology
- Require 2 credits of Substance-related and Addictive Disorders coursework

## **Vermont**

- 3 credits of Diagnosis must be completed during Master's Program
- Require 3 credits each for 2 out of the 5 content areas:
  - Marriage, Couples and Family Counseling
  - Human Sexuality for Counselors
  - Crisis Intervention
  - Addictive Disorders
  - Psychopharmacology

## **Virginia**

- The following core content areas are required:
  - Diagnosis and Treatment of Addictive Disorders
  - Marriage and Family Systems Theory

## **West Virginia**

- 3 credits for each of the following core content areas are required:
  - Addictions Counseling
  - Marriage, Couples and/or Family Counseling/Therapy

## **Wisconsin**

- Require 9 credits of internship and practicum - Naropa curriculum includes 7-8 credits depending on the concentration
- Require 3 credits for each of the following courses:
  - Crisis and Trauma Counseling
  - Addictions Counseling
  - Family, Partnership, and Couples Counseling
- Require 6 credits total between the following areas:
  - Clinical Mental Health Counseling
  - Diagnosis and Treatment Planning
  - Abnormal Behavior and Psychopathology

## **States that Currently or Plan to Require a CACREP Accredited Education**

### **Florida**

From Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling”

Legislative Update HB713 posted in Latest News on October 1, 2020. Beginning July 1, 2025, all Mental Health Counselor applicants must graduate from a CACREP accredited program as a minimum qualification for licensure.”

### **Kentucky**

Statement from the ACA: “Kentucky requires applicants who enrolled in a graduate program after January 15, 2015 or those who receive a degree after May 31, 2020 to graduate from a CACREP accredited program.”

Kentucky Department of Professional Licensing Administrative Regulations 201 KAR 36:070

“Section 2. Accreditation. (1)(a) All coursework submitted for licensure shall be from a regionally accredited educational institution, which is accredited by any one (1) of the following: Southern Association of Colleges and Schools, Middle States Association of Colleges and Schools, New England Association of Colleges and Schools, North Central Association of Colleges and Schools, North Western Association of Schools and Colleges, or Western Association of Schools and Colleges. (b) All coursework submitted for licensure from an international educational institution shall be accredited by the International Registry of Counseling Education Programs or reviewed by the World Education Services. (2) An applicant shall have a degree from a program that is accredited by the Council on Accreditation of Counseling and Related Programs (CACREP) or its affiliates. This requirement shall not apply to an applicant who: (a) Is enrolled in a counseling or a related field program on or before January 15, 2015; (b) Maintains continuous enrollment; and (c) Receives a degree in the counseling or a related field program no later than May 31, 2020.”

### **Missouri (Online/Hybrid Programs)**

From the Missouri Division of Professional Registration: “Effective May 30, 2009 Course work offered primarily via correspondence course, Internet, electronic mail, audio or video, or any format that does not allow the participants to interact verbally and visually does not meet the educational requirements for licensure unless the program is in

mental health counseling and CACREP accredited or rehab counseling and CORE accredited.”

### **New Hampshire**

Statement from the ACA: “New Hampshire requires applicants who receive a degree after January 1, 2022, to graduate from a CACREP-accredited program.”

\*In 2016 the American Counseling Association (ACA) published information stating that New Hampshire will require a CACREP accredited education for licensure. The state’s licensing board has not published this requirement on their website or in their rules, policies, regulations and/or laws as of June 2020. They have therefore neither confirmed or denied the statement published by ACA at this time.

### **North Carolina**

From North Carolina Board of Licensed Clinical Mental Health Counselors: “Senate Bill 279 was signed into law. This bill amended the educational qualifications for the practice of counseling. As part of the Bill applicants who apply for licensure on or after July 1, 2022 must have a master's degree in counseling or a related degree from CACREP accredited program.”

### **Ohio**

Statement from the ACA: “Ohio, for in-state applicants submitting after January 1, 2018, requires graduation from a CACREP-accredited program.”

From Ohio Counselor, Social Work and Marriage and Family Therapist Board: “You must hold a graduate degree in counseling from an accredited institution. All “Council for Accreditation of Counseling and Related Educational Programs” “CACREP” accredited clinical mental health programs, clinical rehabilitation counseling programs, or addiction counseling programs meet Ohio’s education requirements for licensure. “CACREP” accredited mental health program degrees conferred prior to January 1, 2018 are also accepted as meeting the educational standards for licensure. Applicants from other accredited counseling programs shall meet the standards of division (B)(3)(d) of section 4757.23 of the Revised Code.”

Section 4757.23 of the Revised Code Named Above:

(2) To meet the requirement of division (B)(1)(b) of this section, a graduate degree in counseling obtained from a counseling program in this state after January 1, 2018, must be from one of the following:

(a) A counseling program accredited by the council for accreditation of counseling and related educational programs;



(b) A counseling education program approved by the board in accordance with rules adopted by the board under division (G) of this section.

(3) All of the following meet the educational requirements of division (B)(1)(c) of this section:

(a) A clinical mental health counseling program accredited by the council for accreditation of counseling and related educational programs;

(b) Until January 1, 2018, a mental health counseling program accredited by the council for accreditation of counseling and related educational programs;

(c) A graduate degree in counseling issued by an institution in another state from a clinical mental health counseling program, a clinical rehabilitation counseling program, or an addiction counseling program that is accredited by the council for accreditation of counseling and related educational programs;

(d) A counseling education program approved by the board in accordance with rules adopted under division (G) of this section.