



NAROPA UNIVERSITY
OFFICE OF THE PRESIDENT

Haiti: How You Can Help

January 15, 2010

Dear Members of the Naropa Community,

Three days ago, the already impoverished island nation of Haiti was struck by a catastrophic earthquake. As members of a global community of compassionate citizens, we have an opportunity to extend a helping hand to our fellow humans in their time of dire need. Tens of thousands of lives are believed to have been lost by this disaster, and millions of others have been consequently affected by this terrible tragedy. This is the worst quake in the region in more than 200 years. I ask that we each find some way to contribute to the international effort to aid our neighbors in need.

We have compiled a list of resources to assist you in contributing something to this cause. Whether you contribute money, thoughts and prayers, or some other form of assistance, your efforts can be felt and will make a difference. Please take a moment to consider the following ways you can help those affected by this tragedy.

Red Cross

- **Text 'Haiti'** to **90999**. This is the quickest and easiest way to make a \$10 donation that will be charged directly to your cell phone bill.
- Make a bigger contribution and/or read about the efforts of the Red Cross by clicking here <http://www.redcross.org/>.

Partners in Health

- Partners in Health <http://www.pih.org/home.html> has worked in Haiti for nearly twenty-five years, and today is one of the largest non-governmental health care providers in the country.
- Please consider making a financial contribution to Partners in Health by clicking here https://donate.pih.org/page/contribute/haiti_earthquake?source=earthquake&subsource=homepage.

Mercy Corps

- The Mercy Corps <http://www.mercycorps.org/whoweare> is a relief team of 3,700 professionals helping turn crisis into opportunity for millions around the world. They are engineers, financial analysts, drivers, community organizers, project managers, public health experts, administrators, social entrepreneurs and logisticians. In spirit,

they are activists, optimists, innovators and proud partners of the people they serve.

- Please consider making your donation through the Mercy Corps
<https://donate.mercycorps.org/donation.htm?DonorIntent=Haiti%20Earthquake&Custom15=wm&Custom18=3c422f89d225232a0f1333611eaf97c0>.

The Samuel Dalembert Foundation

- NBA star center for the Philadelphia 76'ers, Samuel Dalembert, is only the second Haitian in the history of the league to play in the NBA. Two years ago, he started a foundation to help aid the people of Haiti. To learn more about his foundation, click here <http://www.dalembertfoundation.org/about.html>.
- You can go directly to the donation page of his foundation by clicking here <http://www.dalembertfoundation.org/donate.html>.

UNICEF

- UNICEF is deploying necessary supplies to Jacmel and Port-au-Prince as quickly as possible to assist with recovery efforts, including providing clean water and sanitation, foods, medical supplies and temporary shelter.
- To go directly to UNICEF's donation page, click here https://secure.unicefusa.org/site/Donation2?df_id=6500&6500.donation=form1.

Subtle Activism

- I understand that some of you may be experiencing financial hardships in a struggling economy, or may be on a strict budget as a student. If making a donation may be difficult for you at this time, I would also like to invite you to “Sit for Haiti.” You can do this on your own time, with a friend or contemplative group.
- Please remember that in times of need, it may or may not be *convenient* to extend a helping hand. If your money is too scarce to contribute toward the cause at this time, consider participating in a contemplative practice, such as one of the various methods taught at Naropa University. Contemplative practices have an abundance of wealth to offer the good of humanity, and can contribute toward the healing and recovery of Haiti.

I offer my sincere gratitude to all of you who find it within your capacity to respond compassionately to the needs of others at this time. May we be grateful for our ability to help.

In Solidarity,



Stuart C. Lord
President