

April 2, 2009
Vol. 13, #12

Daily Beginning Monday, March 31, 2009

Fresh Start Morning Sitting Group
Arapahoe Campus - 8:15–8:45 a.m.
Nalanda Campus - 8:15–9:00 a.m.

Many of you have requested more opportunities to practice together as a community on a regular basis, not just on Community Practice Day or in particular classes. These opportunities are core to the embodiment of contemplative education at Naropa. Paramita Campus is in the process of determining the availability of staff and faculty to umdze for group morning sitting. If you are interested, please contact Jackie Ashley at jackie@naropa.edu. Group sitting means there will be a time-keeper (umdze) that will begin and end the session; however, you are always welcome to come earlier and stay later.

April

Friday, April 3, 2009

[Frederick P. Lenz Foundation Distinguished Lecture in Buddhist Studies and American Culture & Values: "Five Expressions of Zen: A Path to Service" with Roshi Pat Enkyo O'Hara, PhD](#)

7 p.m., Nalanda Campus

Roshi's work with social activists, teachers, therapists and chaplains led her to design a template for an awakened path of service. The Five Expressions of Zen (Meditate, Study, Communicate, Act and Care) is a Buddhist practice that balances individual expression with service in the world. The ability to wisely and compassionately express the Way in our everyday life and in our service to the world is the culmination of this path.

Saturday & Sunday, April 4 & 5, 2009

[Zen Intensive Weekend: "The Bodhisattva Vow as Koan" with Roshi Pat Enkyo O'Hara, PhD](#)

9 a.m.–5 p.m. both days; Nalanda Campus

Throughout Zen history, there has been a dialectic between self as unique expression and self as interrelated being. The Bodhisattva Vow is a clear expression of this relationship. This workshop will investigate the question of what it means for each of us to serve as a Bodhisattva, to be ourselves and at the same time save all sentient beings. How do we sit like the lotus on a bed of muddy water?

Tuesday, April 7, 2009

Jesus Christ Superstar
3:00–5:00 p.m., El Centro

A rock opera that highlights the political and interpersonal struggles of Judas and Jesus. 20th century attitude, sensibilities and contemporary slang pervade the lyrics and ironic allusions to modern life are scattered throughout the political depiction of the events.

Thursday, April 9, 2009

Naropa's MFA Theater: Contemporary Performance Thesis Performances—original experimental works by Second-year MFA students: *Never Having Been*
Created by Sharoni Siegel and Ensemble
7:30 p.m., Nalanda Studio Theater
\$7 general admission; free to seniors, students and Naropa community w/ ID

The body's exploration of an ancient Far East legend, the nature of the Journey...and the creatures met along the way.

Friday, April 10, 2009

Naropa's MFA Theater: Contemporary Performance Thesis Performances—Original Experimental Works by Second-Year MFA Students
7:30 p.m., Nalanda Studio Theater
\$7 general admission; free to seniors, students and Naropa community w/ ID

Never Having Been, Created by Sharoni Siegel and Ensemble

The body's exploration of an ancient Far East legend, the nature of the Journey...and the creatures met along the way.

Softscape, Created by Audrey Jajich

Dances from the desert.

Saturday, April 11, 2009

Naropa's MFA Theater: Contemporary Performance Thesis Performances—Original Experimental Works by Second-Year MFA Students: *mangyan*
created by lisamoyadeva
7:30 p.m., Nalanda Studio Theater
\$7 general admission; free to seniors, students and Naropa community w/ ID

sifting through phantasms of colonization, an excavation of aboriginal memory.

Monday, April 13, 2009

Students of Color Support Group
12 p.m., El Centro

Tuesday, April 14, 2009

Creating Sustainable Change: Brown Bag Dialogues

Facilitated by Lee Scriggins

12:00–1:30 p.m., El Centro

Thursday, April 16, 2009

Diversity Dialogue with Suzanne Benally, Senior Diversity Officer

4:00–5:30 p.m., El Centro

Thursday, April 16, 2009

BFA 1st Year Repertory Performance: Falling

Directed by Joan Bruemmer

8:00 p.m.; Performing Arts Center, Naropa University

\$5 general admission; Free for seniors, students and Naropa community w/ ID

Friday, April 17, 2009

Songcatcher

12:00-2:00 p.m., El Centro

During a visit to Appalachia, a gifted musicologist stumbles upon a musical treasure trove –dozens of Scots-Irish ballads that have been preserved for generations by the local populace and are unknown to the outside world.

Friday, April 17, 2009

Naropa's MFA Theater: Contemporary Performance Thesis Performances original experimental works by 2nd yr MFA students

7:30 p.m. Nalanda Campus, Studio Theatre (North end, room 9190)

\$7 general admission; free to seniors, students and Naropa community w/ ID

Friday, April 17, 2009

Writing and Poetics Student Reading: MFA & BA

8 p.m., PAC

Friday, April 17, 2009

BFA 1st Year Repertory Performance

Directed by Joan Bruemmer

Time to be announced; Performing Arts Center

Faculty and guest-artist directed work.

Friday, April 17, 2009

Naropa's MFA Theater: Contemporary Performance Thesis Performances—Original Experimental Works by Second-Year MFA Students: *Freedom Banquet: Or Making Amends to the Dead*

Created by Kathryn Ross

7:30 pm (Buffet at 7:00 p.m.), Nalanda Studio Theater

Your Children are Not Your Children, they are the Sons and Daughters of Life's Longing for Itself. \$7 general admission; Free to seniors, students and Naropa community w/ ID

Saturday, April 18, 2009

BFA 1st Year Repertory Performance

Directed by Joan Bruemmer

Time to be announced; Performing Arts Center

Faculty and guest-artist directed work.

Monday, April 20, 2009

[The second annual Cobb Peace Lecture:](#)

“Dead Man Walking—The Journey Continues” delivered by [Sister Helen Prejean, CSJ](#)

7 p.m.; Nalanda Events Center

Sister Helen Prejean has been instrumental in sparking national dialogue on the death penalty and helping to shape the Catholic church's newly vigorous opposition to state executions. She is a regular interviewee and contributor to national and international publications, and has become a recurring presence on major TV news shows. Sister Helen lives in New Orleans and works with the Death Penalty Discourse Center, the Moratorium Campaign and the Dead Man Walking Play Project.

Tuesday, April 21, 2009

Rhythm of Resistance: Black South African Music

12:00–2:00 p.m., El Centro

From Zululand roots to Soweto street singing, from the defiant dancing of workers on their day off to all night singing contests, this film captures the panorama of Black South African music during the years of apartheid.

Wednesday, April 22, 2009

[Greenhouse Grand Opening](#)

Noon; PAC

Public presentation by Robert Martin, former National Ombudsman for the U.S. Environmental Protection Agency and Chief Public Advocate of National Environmental Public Advocates, a Boulder-based nonprofit organization.

Wednesday, April 22, 2009

Issues in Education: The Mary Culkin Lecture Series: “Partners in Parenting Education (PIPE)” with Jody Perkins, PIPE & Emotional Beginnings Trainer

6:30–8:30 p.m., Shambhala Hall

Suggested donation: \$8 (\$5 for Naropa students)

Spanish interpretation will be provided.

The lecture and discussion series is made possible through community collaboration with the Early Childhood Council of Boulder County—Professional Pathways, Naropa University, Boulder County Association for the Education of Young Children and City of Boulder—Children, Youth and Families Division. The series was developed in memory of the late Mary Louise Culkin, who taught in the Early Childhood Education program for many years and helped develop the MA in Contemplative Education. For more information, contact Michael Girodo at 303-546-5288.

Friday, April 24, 2009

Embodied Poetics Project: Projecting the Word into Time and Space

The fourth annual collaboration between The Jack Kerouac School of Disembodied Poetics and the MFA Theater: Contemporary Performance Program

7:30 p.m., Nalanda Studio Theater

\$7 general admission; Free to seniors, students and Naropa community w/ ID

New writing meets a kinesthetically and perceptually intensified arena of physical performance in a series of settings created by Naropa MFA Theater students and faculty.

Saturday, April 25–Sunday, April 26, 2009

Desolate/delight Project: mythology of a species

Directed by Barbara Dilley

7:30 p.m., Nalanda Studio Theater

\$7 general admission; Free to seniors, students and Naropa community w/ ID

An evening of spontaneous performance arising from a culture that trains, experiments and dreams together. Surreal – poetic – embodied – and fractal in construction, we offer our deep play for the delight of the world. Co-created with an ensemble from the MFA Theater: Contemporary Performance Program

Ongoing Events**Mondays 12:00–1:20 p.m.**

Community Yoga

Shambhala Hall

The students in the Yoga Teacher Training concentration will be offering free yoga classes for the Naropa community on the Arapahoe campus. Please bring a yoga mat (some are available for use in the closet).

Mondays 3–4 p.m.

LGBTQIA sitting group
Shrine Room, Lincoln Building

Come, get in touch with your buddha nature! Interested, but not a good time for you?
Email sluther@naropa.edu to suggest alternative time, or to volunteer to be an umdze.

Mondays, 3– 6 p.m.

Japanese Tea, “Open hearth” Tea Ceremony
Led by Michael Ricci
Teahouse, 2130 Arapahoe Ave.

Mondays, 5:15–6:30 p.m.

Zen Group
Led by the Great Mountain Zen Group and Gerry Wick Sensei
Arapahoe Campus Meditation Hall

Zazen sitting and instruction: 5:15–5:50 p.m.
Walking meditation: 5:50–6:00 p.m.
Zazen sitting and Chant of Four Vows: 6–6:30 p.m.

Tuesdays 1:30–2:50

Community Yoga
Shambhala Hall

The students in the Yoga Teacher Training concentration will be offering free yoga classes for the Naropa community on the Arapahoe campus. Please bring a yoga mat (some are available for use in the closet).

Tuesdays, 12–1:00 p.m.

Community Qigong Classes
Offered by Maureen O’Connor
Lincoln Lecture Hall (Once the weather is WARM, we will be directly south of the Café, past the parking lot, on the grassy area of the CU Campus)
Free (donations appreciated, but not expected)

Please join us for free practice sessions of Qigong (pronounced Chi Gong) and related energy work. Anyone is welcome to join at any time, no experience necessary. This is strictly for fun and exercise. Qigong is an ancient Chinese healing movement art related to acupuncture, acupressure, and the Taoist philosophy. It’s best to wear loose fitting clothing and flat-soled shoes or plan to go barefoot. (When inside you may want thick cotton or wool socks—outside you will need flat-soled shoes.) Please eat a small amount of food prior to coming to class—energy work on an empty stomach is not recommended.

Tuesdays, January 20–April 28, 2009, 5:00–6:30 p.m.

Naropa Counseling Center Presents a Weekly Group Workshop

"Explore Psychological Balance through Yoga"

With Louis Carlino, RYT, third-year Somatic Counseling Psychology student

Dojo Room (Room 9180), Nalanda Campus

Forty-five minutes of Yoga followed by group sharing/discussion. For more information, email Louis at existentia@msn.com or call him at 303-815-0898.

Tuesdays, 7–9 p.m.

Insight Meditation- Vipassana, A Buddhist Meditation tradition of Southeast Asia

Led by David Chernikoff, a faculty member of Naropa University

Unitarian Universalist Church, 5001 Pennsylvania. For more information, please see

www.insightcolorado.org.

Wednesdays 9:00–10:20 a.m.

Community Yoga

Shambhala Hall

The students in the Yoga Teacher Training concentration will be offering free yoga classes for the Naropa community on the Arapahoe campus. Please bring a yoga mat (some are available for use in the closet).

Wednesdays, 1:30-5:30 p.m.

Naropa Healing Group

On the Sycamore green if it is nice, Goldfarb or in the Student Lounge in inclement weather.

The Healing Group and all interested, certified healers will gather to offer healings to the community. Light and local refreshments will be offered. Modalities one might expect are reiki, spiritual healings, massage, zero-balancing, and whatever else our healing community brings to the table. Contact jurchek@students.naropa.edu for more information.

Wednesdays, 6–7:30 p.m.

Zen Peace-Makers Meditation Group, samatha-vipashyana, pranayama, metta and tonglen meditation practices

Led by Sensei Fleet Maull

Paramita Meditation Hall

Thursdays, 1–2 p.m.

Riding the Energy of Emotions

With Acharya Dale Asrael

Paramita Meditation Hall

Thursdays, 6–7:30 p.m.

Paramita Community Yoga Class

Virya classroom

Taught by Thiago Leao, one of Naropa's stellar yoga teacher training grads.

Suggested Donation: \$3.

Saturdays, 10 a.m.–1 p.m.

Nyinthun, Sitting and Walking Meditation and Guided Bodywork Practice and/or Dharma Talk

Led by the members of Dhyanasangha and the Dharma Ocean Foundation

Sitting and Walking Meditation Saturdays 10 a.m.–12 p.m.

Guided Bodywork Practice and/or Dharma Talk Saturdays 12 p.m.–1 p.m.

Arapahoe Campus Meditation Hall

First Sunday of the Month, 10:00 a.m.–12:00 p.m.

Group Sitting and Walking Meditation

Led by Phil Karl

Arapahoe Campus Meditation Hall

Every other Friday, 5–7 p.m.

Vimalakirti Cult, A full group reading of the Second Turning popular text

Arapahoe Meditation Hall

Resources

Drop-in Counseling Center

Tuesdays through Thursdays, 11:30 a.m.–2 p.m.

Snow Lion Building (entrance on the East side)

Need some support? Having a hard time adjusting? Wondering about community resources? Just want to talk? Drop by the Naropa Counseling Center. For more information or to set up an appointment, call 303-245-4697.

Career Services

Monday–Friday 9 a.m.–5 p.m. and by appointment

Career Services is a free service for Naropa students and alumni and can assist you in making meaningful and positive academic and career decisions. The process of career development and planning can be difficult, and they are here to help you:

- Explore your interests, values, skills, and talents
- Identify potential academic and career paths
- Develop internship and job search strategies
- Plan your graduate school or other educational application process

- Learn how to write effective cover letters and resumes
- Prepare for the interview process
- Assist you if you have any other concerns, questions or need information about your career

If you would like to schedule an appointment, please call 303-245-4863 or email ssteward@naropa.edu.

Naropa Writing Center

Sycamore Hall across from the student lounge
 Monday–Thursday 10 a.m.–6 p.m.; Friday: 10 a.m.–2 p.m.
 303-245-4606; nwc@naropa.edu

The NWC is open for the spring semester. The NWC offers a respectful, collaborative environment for all writers. We can assist you with essays, scholarship applications, cover letters, creative work, theses and more. Come in at any stage of the writing process from brainstorming and organization to revising and documenting sources. Appointments are available on the hour and half-hour, for 25 or 50 minutes. Citation workshops will be offered this semester. Location, dates and times will be announced as soon as they are available.

Volunteer Opportunities

Volunteer work with Moving to End Sexual Assault

Rape Crisis Hotline

For more information, or a volunteer application, please check out our website, call 303/443-0400 x102 or email Julie Washnock at julie@movingtoendsexualassault.org.

Men's Prevention Education Program

For more information, a training schedule and a volunteer application, please check out our website, call 303-443-0400 x103 and ask for Marti Hopper or email her at marti@movingtoendsexualassault.org.

Visit MESA for more information on required training dates, job descriptions and application forms.

Service-Learning Opportunities with Prison Dharma Network

Prison Dharma Network (PDN), an international interfaith network founded by Naropa adjunct faculty member Fleet Maull is always in need of service-learning participants for its various programs working with prisoners and youth at risk in the Boulder area. PDN is also in need of people to respond to prisoner's book and information requests, as well as teach yoga and meditation at the Boulder County Jail. We support thousands of prisoners in the practice of all forms of the contemplative path: meditation, yoga, centering prayer, chi kung, etc. Please contact Sarah Gurganus at pdn2@indra.com or visit Prison Dharma Network for more information.

Volunteer Work with Shambhala Prison Community

The Shambhala Prison Community works in about sixty prisons nationwide and is looking for dedicated practitioners of meditation to work with prisoners who are themselves practicing meditation and studying the Dharma. Current need also involves volunteers who can assist with shipping literature from our libraries to prisoners. If you are interested in this extraordinarily rewarding work, we would be delighted to discuss with you the possibilities of your becoming a volunteer.

To find out more about how you can help ease the suffering of the incarcerated, email the Shambhala Prison Community at prison@indra.com, or call 303-544-5923. Please identify your interest in volunteering in the subject line.

Student Discounts

Denver Center for the Performing Arts (DCPA) Student Discount

An hour before any performance, students can purchase tickets at DCPA for only \$10.

Eco Pass Xtra

Use your Eco Pass and receive discounts at restaurants, stores and more.