Test your Naropa University knowledge! The first twenty people to collect all twenty-one cards by the February 11 town hall will win a $10 Naropa Café card!

All those who collect the deck by the town hall will be entered in a drawing to win an Apple iPad mini!

A Blueprint for Undergraduate Education

Blending academic study with artistic and contemplative practice, and community engagement, Naropa University’s undergraduate curriculum encourages you to engage deeply with others and the material. You acquire the tools to better demonstrate knowledge in a chosen discipline, as well as to apply your learning in real-world settings.
**Contemplative Theory & Practice**
Cultivate an unbiased awareness of self, insight, and clarity of mind.

**Diversity & Ecological Sustainability**
Recognize the interconnectedness of the human community and ecological sustainability.

**Multiple Modes of Inquiry**
Utilize academic research and employ the contribution of the arts to human inquiry, knowing, and creative expression.
Intra- & Interpersonal Capacities
Effectively communicate as an individual and in collaboration with others.

Specialized Knowledge
Gain a comprehensive understanding of both foundational and advanced concepts in your discipline.

Real-World Learning
Engage real-world challenges and work ethically and effectively across diverse communities.
A Vision for Wisdom

Naropa founder, Chögyam Trungpa Rinpoche, a renowned Tibetan Buddhist scholar, attended Oxford University in 1963. Despite a positive experience, he felt something was missing and set out to create Naropa, a new university that would “reignite the pilot light” of wisdom in education.

Five Qualities

Each flag represents one of the Five Qualities, drawn from traditional teachings on the Five Buddha Families and their associated wisdom energies and neurotic expressions.

Transform the World

Through contemplative practice, Naropa builds self-awareness, and reveals wisdom, creative expression, and innovation so students can “engage courageously with a complex and challenging world, to help transform that world through skill and compassion.”
Mission: Embracing Diversity

Self-Understanding Reveals Purpose
The Naropa journey builds mindfulness and self-awareness fostering a “life-long joy in learning, a critical intellect, the sense of purpose that accompanies compassionate service to the world, and the openness and equanimity that arise from authentic insight and self-understanding.”

Diversity is Essential
The Naropa journey builds mindfulness
Through contemplative inquiry, Naropa students explore human connection and collaboration. Naropa believes “the richness of human diversity” plays an essential role in education and embraces diversity and inclusivity “with the aim of fostering a more just and equitable society.”

Inherent Goodness
Combining the best of Eastern wisdom with Western academics, “Naropa recognizes the inherent goodness and wisdom of each human being. It educates the whole person, cultivating academic excellence and contemplative insight in order to infuse knowledge with wisdom.”
15. What was Naropa’s first degree program?

A. BA in Contemplative Psychology
B. BA in Environmental Studies
C. MA in Psychology

Answer: MA in Psychology

16. What year did Naropa gain accreditation?

A. 1975
B. 1986
C. 2004

Answer: 1986

17. Which rock band was a “major donor” to the Naropa Institute in its early days?

A. The Grateful Dead
B. Pink Floyd
C. Bread
D. Credence Clearwater Revival

Answer: The Grateful Dead
What are Naropa’s core values?

- A. Diversity, sustainability, experiential learning
- B. Contemplative inquiry, diversity, sustainability
- C. Social justice, diversity, contemplative practice
- D. Study, reflection, meditation

What is the most popular elective course at Naropa?

- A. Anatomy
- B. Geography: Pilgrimage and Sacred Landscape
- C. Yoga
- D. Herbal Medicine

What other name did Anne Waldman, Allen Ginsberg & Diane di Prima consider for the Jack Kerouac School of Disembodied Poetics?

- A. Frank O’Hara School of Deep Gossip
- B. Gertrude Stein School
- C. Emily Dickinson School of Silent Scribbling
- D. None of the above
Congratulations! The first twenty people to collect all twenty-one cards by the town hall on 2/11 will win a $10 café card! And all those who collect all twenty-one by the town hall will be entered in a drawing to win an Apple iPad mini!

NAME: ............................................

PHONE #: ....................................... 

EMAIL: ............................................