

MA IN TRANSPERSONAL COUNSELING PSYCHOLOGY:
WILDERNESS THERAPY
2012-13

Supplemental Prerequisite Form

Name: _____
(Last)
(First)

Date: _____

1. It is a requirement of the program that you have experience in wilderness travel, campcraft, leave-no-trace camping, and first aid. We recommend that students have developed one or more outdoor skills in addition to backpacking.

It is also required that you are in adequate physical condition to participate in the field activities of the program. These include the following: the ability to carry a forty- to-fifty-pound backpack on and off trail for up to ten miles a day; intermediate-level swimmer; ability and willingness to participate in rock climbing, horseback riding, and gardening.

Skill	Level of Experience*	Number of Years Experience	How Often	Professional or Hobby

*[E] Expert; [I] Intermediate or [B] Beginner

Required Skills

- Wilderness leave-no-trace camping
- Campcraft
- Hiking/backpacking
- Swimming

Recommended Skills (One or More of the Following)

- Rock climbing
- Canoeing/rafting
- Horseback riding
- Horticulture
- Other

2. A wilderness experience of ten consecutive days in the field is a prerequisite for this program. This prerequisite may be completed with an organized outfitting company or as a personal trip. Please describe the details of your trip, including the dates, outfitting company (if applicable) or specific plans for completing this prerequisite prior to the start of the program. If you are developing a plan, please consult with the Wilderness Therapy admissions counselor before submitting the plan to us. The trip criteria include: Ten days under the stars (no huts, cabins or hostels); travel by personal means (no motorized boats); and all necessary gear for food and equipment carried on your person (no car camping or use of sherpas).

3. A confidential medical record form is required of all applicants. Please visit www.naropa.edu/admissions/grad_addl_wildtherapy.cfm for details.

Supplemental Prerequisite Form (cont.)

4. All prerequisite courses with a grade of "C" or higher must be completed before the start of the program in August. Proposed equivalent course work titled differently from those listed below must be supported by a syllabus or a sealed letter from the instructor verifying course content. Please attach or send under separate cover. **Applications will not be reviewed until all of the information requested below is completed and approved.**

Abnormal Psychology:

(Psychopathology or Abnormal Behavior)

Developmental Psychology:

(Life Span Development, Child Development, or Child Psychology)

Theories of Personality:

(Methods of Psychotherapy, Psychology of Personality, Introduction to Personality, or History and Systems of Psychology)

Course Title	Date Completed/ To Be Completed	School Name	Grade	In Progress? (Y/N)