

**MA TRANSPERSONAL COUNSELING PSYCHOLOGY:
WILDERNESS THERAPY
2010–11**

Supplemental Application

Name: _____ Date: _____

Please provide the following information as part of your application for the Wilderness Therapy concentration in the MA Transpersonal Counseling Psychology program. This information will remain completely confidential within the Admissions and Transpersonal Counseling Psychology departments. Please use additional sheets. Return all parts of the supplemental application to the Admissions Office.

1. Please specifically address your interest in wilderness therapy in your statement of interest from the general Naropa University application.

2. It is a requirement of the program that you have experience in wilderness travel, campcraft, Leave-No-Trace Camping and first aid. We recommend students have developed one or more outdoor skills in addition to backpacking. Please provide a summary, including your experience, of how you meet this requirement or how you plan to meet this requirement.

3. It is required that you are in adequate physical condition to participate in the field activities of the program. These include the following: the ability to carry a forty- to fifty-pound backpack on and off trail for five to ten miles; intermediate level swimmer; ability and willingness to participate in rock climbing, horseback riding, gardening. Please provide a statement or other documentation (e.g. a reference from your instructor on a wilderness program).

4. It is strongly recommended that you have had some experience (paid or volunteer) working with others. Please list those experiences below including where you worked, your duties, the population, hours per week and the duration.

5. A wilderness experience of eleven consecutive days in the field is a prerequisite for this program. This prerequisite may be completed with an organized outfitting company or as a personal trip. Please describe the details of your trip, including the dates, outfitting company (if applicable) or specific plans for completing this prerequisite prior to the start of the program. If you are developing a plan, please consult with the Wilderness Therapy admissions coordinator before submitting the plan to us. The trip criteria include:
 - Eleven days under the stars (no huts, cabins or hostels)
 - Travel by personal means (no motorized boats)
 - Carry all necessary gear for food and equipment carried (no car camping or use of sherpas)

6. Please submit information about your wilderness skills including skill levels and number of years of experience.

<i>Skill</i>	<i>Level or Type of Experience</i>	<i>Number of Years</i>
Hiking/backpacking	_____	_____
Wilderness Leave-No-Trace Camping	_____	_____
Rock climbing	_____	_____
Canoeing/rafting	_____	_____
Equine	_____	_____
Horticulture	_____	_____
Other	_____	_____

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Supplemental Prerequisite Form

Name: _____ Date: _____
(Last) (First)

All prerequisite course work must be complete by the start of the program.

The following titles are acceptable substitutes for the prerequisites:

- Abnormal Psychology:** Psychopathology
Abnormal Behavior
- Developmental Psychology:** Life Span Development
Child Development
Child Psychology
- Theories of Personality:** Methods of Psychotherapy
Psychology of Personality
Introduction to Personality
History and Systems of Psychology

- Please indicate where and when you have either completed, or plan to complete, prerequisites prior to the start of the program in August.
- Proposed equivalent course work, titled differently than those listed above, must be supported by a syllabus or a sealed letter from the instructor verifying course content. Please attach or send this documentation under separate cover and indicate the course title below.

Applications will not be reviewed until all of the information requested is submitted and approved.

<i>Course Title</i>	<i>School Name</i>	<i>Date Completed/ To Be Completed</i>	<i>In Progress? (Y/N)</i>
Abnormal Psychology _____			
Developmental Psychology _____			
Theories of Personality _____			

Eleven-day wilderness trip: Give trip details in # 5 on the Wilderness Therapy Supplemental Application.