

Supplemental Application

Please note: Naropa University uses a rolling admission policy. Applicants may apply as early as September for summer and fall admission. Applications received between September 1 and the suggested deadline will be given equal consideration. Applications received after the suggested deadline will be reviewed on a space-available basis.

For MA Contemplative Education Applicants (Teachers)

In addition to the university's standard graduate application requirements, the Master of Arts in Contemplative Education requires the following supplemental application:

1. A full description of your previous and current teaching experience, if any. (We recommend that applicants have an established teaching background.)
2. A statement of whether you will be working as a teacher during your two years in the MA program. If so, what instructional level will you be teaching? State the name, address, phone and principal or director of that school. (Part-time teaching at any instructional level, pre-k through higher education, is acceptable.)

If you anticipate that you will not be working as a teacher during your enrollment in the MA program, is there a school or learning environment in your area where you will be serving as a volunteer? If so, please state the name, address, phone and principal or director of that school. Also include the instructional level at which you will be involved, the number of hours per week and your responsibilities. (While preference is given to employed, qualified or licensed teachers, enrollment is also open to those without a current teaching position. [See Education Beyond the Classroom below.] Please contact the Contemplative Education Department if you have questions.)

3. A description of your academic background in the areas of child and human development.
4. A description of your meditation experience and why you think meditation is a useful practice for improving your teaching. Formal meditation, as well as a variety of mindfulness/awareness activities, is a required part of the program. Prior experience with mindfulness meditation is highly recommended, but not required. What has been your mindfulness meditation experience, if any? How do you see meditation as important to your teaching experience?
5. This program is challenging mentally, psychologically and emotionally. The experiential, community practice environment of the summer programs can be emotionally demanding. In particular, the rigor of Maitri Space Awareness during the second summer requires substantial psychological stability. Individuals who are struggling with serious emotional or psychological obstacles have found that they are not able to meet the program's demands. In order to help us assess your suitability to commence with this rigorous course of practice and study, are you aware of anything in your background that might make it challenging for you to be successful in this aspect of the program?
6. A telephone or in-person interview is required. Please state the times you are most easily reached by phone or when you plan to be on the Boulder campus.

For MA Contemplative Education: Education Beyond the Classroom Applicants (Nonteachers):

1. Based on your understanding of the MA in Contemplative Education program, how do you foresee the Education Beyond the Classroom program contributing to your work and life?
2. What is your background, if any, with mindfulness and awareness meditation?
3. Do you understand that this program encourages the practice of contemplative techniques in your daily life and work environment? Are you able to commit to this?
4. The summer programs can be particularly demanding both physically and emotionally, because of the combination of awareness practices, the intensive schedule and learning in community. Sometimes students find these conditions unexpectedly challenging. Do you see any reasons that you would be unable to meet these emotional and physical challenges? How do you work with challenging situations? Please give an example.
5. A telephone or in-person interview is required. Please state the times you are most easily reached by phone or when you plan to be on the Boulder campus.

NAROPA UNIVERSITY LOW-RESIDENCY DEGREE PROGRAMS
MA IN CONTEMPLATIVE EDUCATION
2010-11

Supplemental Application Technology Checklist

- _____ I am an independent learner, have good writing skills and am able to learn independently without the context of a live classroom.
- _____ I am aware that taking classes online may be more time consuming than attending classes on campus, and I am prepared to engage in that commitment thoughtfully.
- _____ I have my own computer or access to one that I may use regularly (6-10 hours/week).
- _____ I am familiar with the Internet and am able to navigate websites easily.
- _____ I have an email account, and I have used this account for communications and know how to send an email with an attachment.
- My email address is _____

HARDWARE REQUIREMENTS

- _____ I have been to the online campus and checked the minimum technical requirements for accessing online classes at Naropa University.
My computer meets the minimum technical requirements for access through the online delivery system.
- The processor speed in my computer is _____MHz
- The amount of RAM Memory available in my computer is _____MB
- The software operating system that I am using is by _____ version _____
(Microsoft Windows 2000, XP or Vista or Macintosh OS X)
- My browser is _____ version _____
- I have taken and passed the BROWSER TEST available at the online campus, Technical Requirements Page.
- _____ I have downloaded and installed the current browser necessary for access to the online campus.
- _____ I have downloaded and installed the free Real Player from www.real.com.
- _____ I have downloaded and installed the free Adobe Acrobat Reader from www.adobe.com.

Student Signature _____

Date _____

If you have questions about these guidelines, please email Jirka Hladiš, director of online curriculum development, at inquiry@ecampus.naropa.edu or call 303-245-4702.